

|   |  |  |  |  |   |  |  |  |  |   |  |  |
|---|--|--|--|--|---|--|--|--|--|---|--|--|
| 4 |  |  |  |  | * |  |  |  |  | * |  |  |
| 5 |  |  |  |  | * |  |  |  |  | * |  |  |

● **7PSYH6151: Business Ethics**

**Course Outcomes:**

- 1.Evaluate the application of fundamental ethical principles in business decision-making (Level 5).
- 2.Prepare a code of ethics as a statement of norms and beliefs (Level 5).
- 3.Understand the importance of ethics in business communication and interpersonal relationships (Level 2).

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 | 6 |
| 1                 | *  |   |   |   |   |   |     |   |   |   |   | * |
| 2                 |    | * |   |   |   |   |     |   |   |   |   | * |
| 3                 |    |   |   |   |   | * |     |   |   |   |   | * |

## **MSc Psychology (Counseling)** **2021-2023**

### **Programme Educational Objectives**

**PEO1:** Graduates will be competent with understanding, assessing and modifying human behavior.

**PEO2:** Graduates will be equipped with the requisite knowledge and skills in the core domains of psychology and in the specializations.

**PEO3:** Graduates will develop a strong foundation in the professional realm.

**PEO4:** Graduates will demonstrate strong abilities in applying psychological principles, theories and approaches and sustain ethical values.

### **Programme Outcomes (POs)**

**PO1: Scientific Knowledge:** Graduate will demonstrate knowledge of psychological theories and approaches and evaluate ideas from varied perspectives and to understand the role of scientific research in best and continuous improvement of practice.

**PO2: Higher education and research:** Graduates will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.

**PO3: Application of skills:** Graduates can utilize counselling principles to generate solutions to personal, social, organizational and societal problems. They will be able to assess, diagnose, and treat a variety of problems to a broad range of clients.

**PO4: Professional development:** Students will be able to incorporate ethical dimensions and appreciate growth in the field of theory and practice.

**PO5: Personal responsibility:** Students will be aware of their personal and professional competence and will engage in appropriate self-care, continuing education and adaptive learning for practice.

**PO6: Ethical, Social and Multicultural responsibility:** Students will implement and adhere to the ethical principles and demonstrate social responsibility and multicultural competence.

### **Program Specific Outcomes (PSOs)**

**PSO1:** Graduates will demonstrate understanding of client issues and the core role of effective relationships with clients in the counselling process.

**PSO2:** Graduates will be able to plan and conduct appropriate intervention techniques and evaluate them within evidence-based practices.

**PSO3:** Students will be able to provide instruction, supervision and consultation of psychological practice.

**PSO4:** Students will be able to critically evaluate scientific research and to conduct independent research projects

### **First Semester**



**7PSYC5011: Personality Theories****Course Outcomes:**

**CO1:** To understand the relevance of personality in defining human behavior. (Level 2)

**CO2:** To differentiate between major theoretical approaches to personality. (Level 2)

**CO3:** To assess and analyze the different dimensions of personality. (Level 4)

**CO4:** To evaluate suitable methods of personality assessment. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 | *  |   | * |   |   |   | *   |   |   |   |
| 4                 | *  |   | * | * |   |   |     | * |   |   |

**7PSYC5021: Behavioural Statistics I****Course Outcomes:**

**CO1:** To understand and know the relevance of statistics in behavioral science research. (Level 2)

**CO2:** To demonstrate the knowledge to quantify data. (Level 3)

**CO3:** To demonstrate the knowledge in data distribution. (Level 3)

**CO4:** To analyze and interpret data sets in charts, graphs, and distributions. (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   |     |   |   | * |
| 2                 | *  | * |   |   |   |   |     |   |   | * |
| 3                 | *  | * |   |   |   |   |     |   |   | * |
| 4                 | *  | * |   |   |   |   |     |   |   | * |

**7PSYC5031: Biological Foundations of Psychology****Course Outcomes:**

**CO1:** To define and identify the physiology of the human body. (Level 1)

**CO2:** To know and understand the basic human biological functioning. (Level 2)

**CO3:** To apply the theoretical understanding in analyzing dysfunctions of the brain. (Level 4)



**CO4:** To acquire the understanding of biological bases of human behavior. (Level 2)

**CO5:** To assess and differentiate between normal and deviant functioning. (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   |   |   |   |   | *   | * |   |   |

### 7PSYC5051: Theories of Learning

#### Course Outcomes:

**CO1:** To demonstrate the knowledge of different theoretical concepts of human learning. (Level 3)

**CO2:** To define and understand different perspectives of human learning. (Level 2)

**CO3:** To analyze the learning that occurs in personal, professional, and social situations based on principles of learning. (Level 4)

**CO4:** To apply the theoretical expertise in various settings. (Level 3)

**CO5:** To evaluate the impact of learning theories on different aspects of human life. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * | * |   | * | *   | * |   |   |
| 4                 |    |   | * | * |   | * |     | * |   |   |
| 5                 | *  |   |   |   |   |   | *   |   |   |   |

### 7PSYC5071: Psychological Assessments and Interventions (Practical)

#### Course Outcomes:

**CO1:** To define the methods and procedures of assessing human behavior. (Level 1)

**CO2:** To demonstrate skills in assessing cognitive and affective aspects of human behavior. (Level 3)



**CO3:** To analyze and interpret the different aspects of human behavior. (Level 4)

**CO4:** To evaluate the results based on the assessments and develop appropriate intervention. (Level 5)

**CO5:** To summarize reports based on assessment by integrating psychological concepts. (Level 6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   |   |     | * |   |   |
| 5                 | *  |   | * |   |   |   |     | * |   |   |

### **7PSYC5081: Personality Assessments (Practical)**

#### **Course Outcomes:**

CO1: Define the concepts and assessment procedures in personality assessment. (Level 1)

CO2: Understand the application of personality assessment in different fields. (Level 2)

CO3: Demonstrate skills in assessing various dimensions of personality. (Level 3)

CO4: Analyze and interpret the results of personality assessments. (Level 5)

CO5: Summarize reports based on personality assessments. (Level 6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   |     | * |   |   |
| 2                 | *  |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   | * |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |
| 5                 |    |   | * |   |   | * |     | * |   |   |

### **7PSY05011: Theories of Counselling**

#### **Course Outcomes:**

CO1: Acquire an in-depth understanding of different theoretical approaches. (Level 1)



- CO2: Understand the goals and techniques in different approaches. (Level 1)  
 CO3: Differentiate between the different theoretical approaches to counseling. (Level 1)  
 CO4: Assess and analyze based on each theoretical approach. (Level 2)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   |   |   |   |
| 3                 | *  |   |   |   |   |   | *   |   |   |   |
| 4                 | *  |   | * |   |   | * |     | * | * |   |

**7PSY05021: Lifespan Psychology**  
**Course Outcomes:**

- CO1: Grasp the relevance of a developmental perspective to human development. (Level 1)  
 CO2: Understand and apply major theoretical concepts related to different domains of development across the lifespan. (Level 2)  
 CO3: Recognize major milestones, issues, and challenges across the lifespan. (Level 3)  
 CO4: Identify and address developmental challenges or delays. (Level 3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   |   |     | * |   |   |

**Second Semester**

**7PSYC6111: Research Methodology**  
**Course Outcomes:**

- CO1: To define and distinguish among the principles, techniques and methods involved in research. (Level 2)



CO2: To apply the knowledge of various methods of research design and sampling techniques while conducting research. (Level 3)

CO3: To critically analyse research methodologies identified in existing literature. (Level 4)

CO4: To apply the scientific principles of research methodology for various research projects. (Level 3)

CO5: To evaluate research questions, hypothesis, data and findings. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    | * |   |   |   | * |     |   |   | * |

## 7PSYC6121: Behavioural Statistics- II

### Course Outcomes:

CO1: To understand and distinguish the different methods of inferential statistics. (Level 2)

CO2: To analyse the distribution and significance of the data using appropriate statistical methods. (Level 4)

CO3: To apply the knowledge of testing hypotheses and levels of significance using appropriate statistical methods. (Level 3)

CO4: To critically analyse the application of relevant statistical methods based on the distribution of data and sampling. (Level 4)

CO5: To evaluate the underlying assumptions of statistics for data analysis. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    | * |   |   |   | * |     |   |   | * |

## 7PSYC5131: Psychological Testing

### Course Outcomes:

CO1: To define principles of quantifying human behaviour (Level 1)

CO2: To discuss and distinguish the various methods of testing reliability and validity (Level 2)

CO3: To demonstrate the knowledge of psychometric principles to construct a



psychological test (Level 3)

CO4: To analyse challenges in testing, fundamental measurement issues and test biases in constructing a psychological test (Level 4)

CO5: To evaluate the psychometric strengths and weaknesses of individual psychological tests and measurements, using both conceptual and applied metrics. (Level 5)

CO6: To create new psychological measurements suited to specific theories and hypotheses. (Level 6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    |   |   |   |   |   |     |   |   |   |
| 6                 |    | * |   |   |   | * |     |   |   | * |

7PSYO6031: Foundations of Professional Counselling

**Course Outcomes:**

CO1: Understand basic aspects of counselling. (Level 1)

CO2: Differentiate between counselling and similar fields. (Level 4)

CO3: Understand and deal with the professional issues that emerge in this field. (Level 2)

CO4: Become aware of ethical issues, dilemmas, and concerns of counselors. (Level 2)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 |    |   | * | * |   | * |     | * | * |   |
| 4                 |    |   | * | * |   | * |     | * | * |   |

7PSYO6041: Professional Development - I

**Course Outcomes:**

CO1: Understand the basic skills needed for a counselor in professional life (Level 1)

CO2: Understand the life skills model for professional development (Level 3)

CO3: Develop modules for psychoeducational training (Level 5)

CO4: Gain awareness of self and own functioning in professional setting (Level 2)

| CO-PO-PSO Mapping |
|-------------------|
|-------------------|





| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   | * |   |   |   | *   |   |   |   |
| 2  | *  |   | * |   |   |   | *   | * |   |   |
| 3  |    |   | * |   |   | * |     | * | * |   |
| 4  |    |   | * |   | * |   |     | * |   |   |

### 7PSYO6051: Educational Counselling

#### Course Outcomes:

CO1: Administer relevant assessments in classroom (Level 2)

CO2: Understand teaching and learning strategies and its impact on students (Level 3)

CO3: Assess for problematic behaviours in classroom setting (Level 3)

CO4: Identify suitable learning environment and improve conditions in educational settings (Level 4)

CO5: Provide necessary counselling in an educational setting. (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   | * |     | * |   |   |
| 2                 | *  |   | * |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   | * |     | * |   |   |
| 4                 |    |   | * |   |   | * |     | * |   |   |
| 5                 |    |   | * |   |   | * |     | * |   |   |

### 7PSYO6061: Child and Adolescent Counselling

#### Course Outcomes:

CO1: Understand the principles and skills needed for counselling children and adolescents (Level 1)

CO2: Demonstrate understanding of assessment and interventions for children and adolescents with emotional difficulties (Level 4)

CO3: Assess and demonstrate ability to assess career needs of adolescents (Level 4)

CO4: Demonstrate and choose appropriate educational assessment tools a psychological test (Level 3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   | * |   |   |



|   |   |  |   |  |  |   |   |   |   |  |
|---|---|--|---|--|--|---|---|---|---|--|
| 2 | * |  | * |  |  |   | * | * |   |  |
| 3 |   |  | * |  |  | * |   | * | * |  |
| 4 |   |  | * |  |  | * |   | * | * |  |

### 7PSYO6071: Socio-cultural Foundations of Professional Counselling

#### Course Outcomes:

CO1: To understand the role of culture in the development of the self and the multidimensional nature of social identities (Level 1)

CO2: To understand the process of social perception and social cognition involved in the way we understand our social world, form attitudes, make attributions, categorize and engage in intergroup comparisons. (Level 3)

CO3: To give theoretical explanations of social behaviours. (Level 2)

CO4: To become aware of the social issues prevalent in our cultural context and how social psychological theories can be applied to develop scientific and community-oriented solutions and interventions. (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   |   |   |   |
| 3                 | *  |   |   |   |   |   | *   | * |   |   |
| 4                 | *  |   |   |   |   |   |     | * |   |   |

### 7PSYC6221: Applied Social Psychology

#### Course Outcomes:

CO1: To understand the key issues and theoretical concepts related to applied social psychology (Level 2)

CO2: To differentiate between testing theories and testing interventions (Level 2)

CO3: To apply social psychological theories to a specific issue in personal and social relationships (Level 3)

CO4: To analyse personal, social and clinical issues and recognise the contributions of social psychological phenomena (Level 4)

CO5: To design and evaluate appropriate intervention strategies for issues related to social influences on behaviour (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 | 6 |
| 1                 | *  |   |   |   |   |   |     | * |   |   |   |   |



|   |  |  |   |  |  |  |  |   |   |  |  |  |
|---|--|--|---|--|--|--|--|---|---|--|--|--|
| 2 |  |  | * |  |  |  |  |   | * |  |  |  |
| 3 |  |  | * |  |  |  |  |   | * |  |  |  |
| 4 |  |  |   |  |  |  |  | * | * |  |  |  |
| 5 |  |  | * |  |  |  |  |   | * |  |  |  |

### 7PSYO6081: Child Psychopathology

#### Course Outcomes:

CO1: To identify and describe the etiology, assessment, diagnosis, and treatment of common psychological and developmental disorders in children and adolescents.

(Level 1)

CO2: To understand and distinguish various concepts of normality and pathology in a child's development. (Level 2)

CO3: To demonstrate the skills in formulating and applying interventions (Level 3)

CO4: To critically analyse and choose appropriate assessment and intervention for developmental concerns (Level 4)

CO5: To interpret and diagnose the disorders and to apply treatment and intervention (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   | * |   |   |   | *   | * |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   | * | *   | * |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7PSYO6091: Psychopathology

#### Course Outcomes:

CO1: Demonstrate understanding of various manifestations of psychopathology

(Level 1)

CO2: Demonstrate ability to use DSM V and ICD 10 classificatory systems. (Level 2)

CO3: Demonstrate understanding of skills required to diagnose various disorders.

(Level 2)

CO4: Contrast and compare models of etiology. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   | * |   |   |
| 2                 | *  |   |   |   |   |   | *   | * |   |   |



|   |   |  |   |  |  |  |   |   |  |  |
|---|---|--|---|--|--|--|---|---|--|--|
| 3 | * |  | * |  |  |  | * | * |  |  |
| 4 | * |  | * |  |  |  | * | * |  |  |

### **7PSYO6101: Mental Health and Counselling in Workplace**

#### **Course Outcomes:**

CO1: Deal with the mental health problems encountered in the organizations. (Level 5)

CO2: Have adequate knowledge about the principles of ethical practice applicable to workplace counseling. (Level 1)

CO3: Understand the first aid that can be carried out in mental health problem among employees in an organization and also the need for referral (Level 4)

CO4: Provide suitable intervention for employees in organizational setting (Level 5)

| <b>CO-PO-PSO Mapping</b> |           |          |          |          |          |          |            |          |          |          |
|--------------------------|-----------|----------|----------|----------|----------|----------|------------|----------|----------|----------|
| <b>CO</b>                | <b>PO</b> |          |          |          |          |          | <b>PSO</b> |          |          |          |
|                          | <b>1</b>  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>6</b> | <b>1</b>   | <b>2</b> | <b>3</b> | <b>4</b> |
| <b>1</b>                 | *         |          | *        |          |          |          |            | *        | *        |          |
| <b>2</b>                 |           |          | *        | *        |          | *        |            | *        | *        |          |
| <b>3</b>                 |           |          | *        |          |          | *        |            | *        | *        |          |
| <b>4</b>                 |           |          | *        |          |          | *        |            | *        |          |          |

### **7PSYO6111: Counselling Interventions for Special Populations**

#### **Course Outcomes:**

CO1: Identify substance use disorder and plan appropriate interventions (Level 1)

CO2: Assess mental health concerns and develop appropriate treatment plans (Level 2)

CO3: Illustrate the process involved in reporting child abuse and neglect (Level 4)

CO4: Develop prevention and intervention plans to address child abuse and neglect (Level 5)

CO5: Apply the knowledge of bio-psycho-social models, rehabilitation principles, and policies to provide interventions for people with disabilities (Level 5)

| <b>CO-PO-PSO Mapping</b> |           |          |          |          |          |          |            |          |          |          |
|--------------------------|-----------|----------|----------|----------|----------|----------|------------|----------|----------|----------|
| <b>CO</b>                | <b>PO</b> |          |          |          |          |          | <b>PSO</b> |          |          |          |
|                          | <b>1</b>  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>6</b> | <b>1</b>   | <b>2</b> | <b>3</b> | <b>4</b> |
| <b>1</b>                 | *         |          | *        |          |          |          |            | *        | *        |          |
| <b>2</b>                 | *         |          | *        |          |          |          |            | *        | *        |          |
| <b>3</b>                 | *         |          | *        |          |          | *        |            | *        | *        |          |
| <b>4</b>                 | *         |          | *        |          |          |          |            | *        | *        |          |
| <b>5</b>                 | *         |          | *        |          |          | *        |            | *        | *        |          |

### **7PSYO6121: Assessments for Counselling (Practical)**

#### **Course Outcomes:**

CO1: Administer the assessments in an ethical and professional manner (Level 3)



CO2: Score and analyze the results appropriately (Level 4)

CO3: Use the knowledge of the assessment to plan suitable intervention (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   | * |     | * | * |   |
| 2                 |    |   | * |   |   |   |     | * | * |   |
| 3                 |    |   | * |   |   |   |     | * | * |   |

### Third Semester

#### 7PSYO6131: Counselling in Health Settings

##### Course Outcomes:

CO1: Understand the bio-psycho-social model of health.

CO2: Appreciate the importance of psychological wellness in physical health.

CO3: Use motivational interviewing skills in the context of healthcare.

CO4: Provide appropriate interventions in health settings.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   |   |   | * |     | * |   |   |

#### 7PSYO6141: Integrated Skills Training (Practical)

##### Course Outcomes:

CO1: Demonstrate in-depth knowledge of two theoretical approaches to counselling.

CO2: Understand the application of counselling principles to diverse populations (Level 4).

CO3: Integrate assessment and interventions in counselling from a variety of approaches learnt during the course (Level 5).

CO4: Develop an appropriate course of action in addressing mental health concerns (Level 4).

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 |
| 1                 | *  |   | * |   |   |   | *   |   |   |



|   |  |  |   |  |  |  |   |  |   |
|---|--|--|---|--|--|--|---|--|---|
| 2 |  |  | * |  |  |  |   |  |   |
| 3 |  |  | * |  |  |  | * |  |   |
| 4 |  |  | * |  |  |  |   |  | * |

### 7PSYO6151: Group Counselling

#### Course Outcomes:

CO1: Define counselling in a group setting (Level 2).

CO2: Acquire the basic skills of counselling (Level 1).

CO3: Understand the nature and dynamics in a group counselling setting (Level 1).

CO4: Deal with difficult situations in a group counselling setting (Level 2).

CO5: Assess and implement techniques of group counselling (Level 3).

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   |     | * |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     |   | * |   |
| 4                 |    |   | * |   |   |   |     |   | * |   |
| 5                 |    | * |   |   |   |   |     | * |   |   |

### 7PSYO6161: Professional Development II

#### Course Outcomes:

CO1: Explore parts of their self at a deeper level through guided autobiographical reading. (L2)

CO2: Increase their self-awareness by having specific life review themes shared in a group. (L2)

CO3: Engage in active listening and generate new perspectives. (L4)

CO4: Trust and share life stories in a group setting. (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   |   |   | * |   | *   |   |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     |   | * |   |
| 4                 |    |   |   |   |   | * |     | * |   |   |

### 7PSYO6171: Career Counselling



**Course Outcomes:****CO1:** Apply the career development theories. (L2)**CO2:** Identify issues and concerns in the work setting. (L5)**CO3:** Use appropriate intervention in work settings. (L3)**CO4:** Provide guidance in vocational settings. (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    |   | * |   | * |   |     | * |   |   |
| 4                 |    |   |   | * | * |   |     |   | * |   |

**7PSYO6181: Family and Marital Counselling****Course Outcomes:****CO1:** Identify substance use disorder and plan appropriate interventions. (L1)**CO2:** Assess mental health concerns and develop appropriate treatment plans. (L2)**CO3:** Illustrate the process involved in reporting child abuse and neglect. (L4)**CO4:** Develop prevention and intervention plans to address child abuse and neglect. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   |     | * |   |   |
| 2                 | *  |   | * |   |   |   |     |   | * |   |
| 3                 |    | * |   |   | * |   | *   |   |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |

**7PSYO6191: Life Coaching****Course Outcomes:****CO1:** Demonstrate competence in applying the problem-solving approach. (L2)**CO2:** Apply skills learned in the coaching scenario. (L3)**CO3:** Examine and identify the indicators of self-defeating thinking styles. (L3)**CO4:** Design training modules by analyzing needs and desired outcomes. (L4)

| CO-PO-PSO Mapping |    |  |  |  |  |  |     |  |  |  |
|-------------------|----|--|--|--|--|--|-----|--|--|--|
| CO                | PO |  |  |  |  |  | PSO |  |  |  |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 |   |   | * |   |   |   |   | * |   |   |
| 3 | * |   |   |   |   |   |   | * |   |   |
| 4 |   |   | * |   |   |   |   | * |   |   |

### 7PSYO6201: Asian Healing Practices

#### Course Outcomes (CO):

CO1: Define and explain the foundations of Asian healing practices. (L1)

CO2: Analyze the integration of Asian and western practices. (L3)

CO3: Exhibit knowledge and experience in any one Asian healing practice. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 | *  |   |   |   |   |   |     | * |   |   |

### 7PSYO6211: Rehabilitation Counselling

#### Course Outcomes (CO):

CO1: Identify substance use disorder and plan interventions. (L1)

CO2: Assess mental health concerns and develop treatment plans. (L2)

CO3: Illustrate the process in reporting child abuse and neglect. (L4)

CO4: Develop prevention and intervention plans for child abuse and neglect. (L5)

CO5: Apply rehabilitation principles to people with disabilities. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     |   | * |   |
| 3                 | *  |   |   |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |
| 5                 |    |   |   |   |   | * |     |   |   | * |

### 7PSYO6221: Sexual Dysfunction and Sex Therapy

#### Course Outcomes (CO):





CO1: Understand the interplay of bio-psycho-social factors in sexual behavior. (L1)

CO2: Describe culturally appropriate sex therapies. (L2)

CO3: Critically evaluate research in sexuality and sex therapy. (L4)

CO4: Conceptualize research on sexual dysfunction and therapy. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   |   |   |   | * |     | * |   |   |
| 3                 |    |   | * |   |   |   |     |   |   | * |
| 4                 |    | * |   |   |   |   |     |   |   | * |

### 7PSYC6361: Positive Psychology

#### Course Outcomes (CO):

CO1: Understand techniques to enhance happiness and well-being. (L2)

CO2: Demonstrate understanding of positive psychology interventions. (L2)

CO3: Evaluate strengths-based approaches to well-being. (L5)

CO4: Apply positive psychology to enhance well-being in various domains. (L3)

CO5: Reflect on the impact of positive psychology on happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   | * |   |     |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   | *   | * | * |   |
| 5                 |    |   | * | * |   |   |     | * | * | * |

### 7PSYC6371: Qualitative Research in Psychology

#### Course Outcomes (CO):

CO1: Define and distinguish qualitative research principles, techniques, and methods. (L2)

CO2: Apply knowledge of qualitative data collection techniques. (L3)

CO3: Analyze data using qualitative software. (L4)

CO4: Apply qualitative research principles in projects. (L5)

CO5: Apply techniques to understand and intervene in psychological problems. (L5)

| CO-PO-PSO Mapping |
|-------------------|
|-------------------|



| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   |   |   |   |   |     |   |   |   |
| 2  | *  |   |   |   |   |   |     |   |   |   |
| 3  |    |   |   |   |   |   |     |   |   |   |
| 4  |    |   |   |   |   |   |     |   |   |   |
| 5  |    |   | * |   |   |   |     | * |   | * |

#### Fourth Semester

##### 7PSYO6231: Crisis Intervention and Trauma Counselling

##### Course Outcomes:

**CO1:** Understand the concepts and stages of crisis and trauma (L1)

**CO2:** Evaluate trauma using relevant assessment strategies (L3)

**CO3:** Apply understanding of crisis and trauma effectively in relevant situations (L4)

**CO4:** Create a model of intervention using crisis and trauma theories and approaches (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   | *   |   |   |   |
| 4                 |    |   | * |   |   |   | *   |   |   |   |

##### 7INTS7010: Internship I

##### Course Outcomes:

**CO1:** Apply the theoretical understanding of concepts, theories, and interventions (L3)

**CO2:** Demonstrate skills in interacting with the client and establishing professional relationships (L3)

**CO3:** Demonstrate therapeutic and professional skills required in professional settings (L3)

**CO4:** Acquire experiential learning and get sensitized toward the professional requirements (L3)

**CO5:** Be professionally ready to deal effectively in the environment (L3)



| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

### 7INTS7020: Internship II

#### Course Outcomes:

**CO1:** Apply the theoretical understanding of concepts, theories, and interventions (L3)

**CO2:** Demonstrate skills in interacting with the client and establishing professional relationships (L3)

**CO3:** Demonstrate therapeutic and professional skills required in professional settings (L3)

**CO4:** Acquire experiential learning and get sensitized toward the professional requirements (L3)

**CO5:** Be professionally ready to deal effectively in the environment (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

### 7INTS7030: Internship III

#### Course Outcomes:

**CO1:** Apply the theoretical understanding of concepts, theories, and interventions (L3)

**CO2:** Demonstrate skills in interacting with the client and establishing professional relationships (L3)



**CO3:** Demonstrate therapeutic and professional skills required in professional settings (L3)

**CO4:** Acquire experiential learning and get sensitized toward the professional requirements (L3)

**CO5:** Be professionally ready to deal effectively in the environment (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

#### **7INTS7040: Internship IV**

##### **Course Outcomes:**

**CO1:** Apply the theoretical understanding of concepts, theories, and interventions (L3)

**CO2:** Demonstrate skills in interacting with the client and establishing professional relationships (L3)

**CO3:** Demonstrate therapeutic and professional skills in professional settings (L3)

**CO4:** Acquire experiential learning and get sensitized toward professional requirements (L3)

**CO5:** Be professionally ready to deal effectively in the environment (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

#### **7DISS7010: Dissertation**

##### **Course Outcomes:**

**CO1:** Apply theoretical knowledge, research methodology, and statistics in practice (L3)



**CO2:** Demonstrate statistical and research training in implementing an appropriate research procedure (L3)

**CO3:** Score, analyze, and interpret the data obtained (L3)

**CO4:** Acquire coherent and logical understanding and demonstrate competence in analyzing and discussing results, and report writing (L3)

**CO5:** Analyze and synthesize research findings, implications, limitations, within the ethical guidelines of APA, and publish the research (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    | * |   |   |   |   | *   |   |   |   |
| 4                 |    |   |   | * |   |   | *   |   |   |   |
| 5                 |    |   |   |   | * |   | *   |   |   |   |

### MSc Psychology (Counseling) 2022-2024

#### **Programme Educational Objectives**

**PEO1:** Graduates will be competent with understanding, assessing and modifying human behavior.

**PEO2:** Graduates will be equipped with the requisite knowledge and skills in the core domains of psychology and in the specializations.

**PEO3:** Graduates will develop a strong foundation in the professional realm.

**PEO4:** Graduates will demonstrate strong abilities in applying psychological principles, theories and approaches and sustain ethical values.

#### **Programme Outcomes (POs)**

**PO1: Scientific Knowledge:** Graduate will demonstrate knowledge of psychological theories and approaches and evaluate ideas from varied perspectives and to understand the role of scientific research in best and continuous improvement of practice.

**PO2: Higher education and research:** Graduates will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.



**PO3: Application of skills:** Graduates can utilize counselling principles to generate solutions to personal, social, organizational and societal problems. They will be able to assess, diagnose, and treat a variety of problems to a broad range of clients.

**PO4: Professional development:** Students will be able to incorporate ethical dimensions and appreciate growth in the field of theory and practice.

**PO5: Personal responsibility:** Students will be aware of their personal and professional competence and will engage in appropriate self-care, continuing education and adaptive learning for practice.

**PO6: Ethical, Social and Multicultural responsibility:** Students will implement and adhere to the ethical principles and demonstrate social responsibility and multicultural competence.

### **Program Specific Outcomes (PSOs)**

**PSO1:** Graduates will demonstrate understanding of client issues and the core role of effective relationships with clients in the counselling process.

**PSO2:** Graduates will be able to plan and conduct appropriate intervention techniques and evaluate them within evidence-based practices.

**PSO3:** Students will be able to provide instruction, supervision and consultation of psychological practice.

**PSO4:** Students will be able to critically evaluate scientific research and to conduct independent research projects.

## **First Semester**

### **7PSYC5011: Personality Theories**

#### **Course Outcomes:**

CO1: To understand the relevance of personality in defining human behaviour.

CO2: To differentiate between major theoretical approaches to personality.

CO3: To assess and analyse the different dimensions of personality.

CO4: To evaluate suitable methods of personality assessment.

| <b>CO-PO-PSO Mapping</b> |           |          |          |          |          |          |            |          |          |          |
|--------------------------|-----------|----------|----------|----------|----------|----------|------------|----------|----------|----------|
| <b>CO</b>                | <b>PO</b> |          |          |          |          |          | <b>PSO</b> |          |          |          |
|                          | <b>1</b>  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>6</b> | <b>1</b>   | <b>2</b> | <b>3</b> | <b>4</b> |
| <b>1</b>                 | *         |          |          |          |          |          | *          |          |          |          |
| <b>2</b>                 | *         |          |          |          |          |          | *          |          |          |          |
| <b>3</b>                 | *         |          | *        |          |          |          | *          |          |          |          |



|   |   |  |   |   |  |  |  |   |  |  |
|---|---|--|---|---|--|--|--|---|--|--|
| 4 | * |  | * | * |  |  |  | * |  |  |
|---|---|--|---|---|--|--|--|---|--|--|

### 7PSYC5021: Behavioural Statistics I

#### Course Outcomes:

CO1: To understand and know the relevance of statistics in behavioural science research.

CO2: To demonstrate the knowledge to quantify data.

CO3: To demonstrate the knowledge in data distribution.

CO4: To analyse and interpret data sets in charts, graphs and distributions.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   |     |   |   | * |
| 2                 | *  | * |   |   |   |   |     |   |   | * |
| 3                 | *  | * |   |   |   |   |     |   |   | * |
| 4                 | *  | * |   |   |   |   |     |   |   | * |

### 7PSYC5031: Biological Foundations of Psychology

#### Course Outcomes:

CO1: To define and identify the physiology of the human body.

CO2: To know and understand the basic human biological functioning.

CO3: To apply the theoretical understanding in analysing dysfunctions of the brain.

CO4: To acquire the understanding of biological bases of human behaviour.

CO5: To assess and differentiate between normal and deviant functioning.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7PSYC5051: Theories of Learning

#### Course Outcomes:

CO1: To demonstrate the knowledge of different theoretical concepts of human learning.



- CO2: To define and understand different perspectives of human learning.  
 CO3: To analyse the learning which occurs in personal, professional, and social situations based on principles of learning.  
 CO4: To apply the theoretical expertise in various settings.  
 CO5: To evaluate the impact of learning theories on different aspects of human life.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * | * |   | * | *   | * |   |   |
| 4                 |    |   | * | * |   | * |     | * |   |   |
| 5                 | *  |   |   |   |   |   | *   |   |   |   |

#### **7PSYC5071: Psychological Assessments and Interventions (Practical)**

##### **Course Outcomes:**

- CO1: To define the methods and procedures of assessing human behaviour.  
 CO2: To demonstrate skills in assessing cognitive and affective aspects of human behaviour.  
 CO3: To analyse and interpret the different aspects of human behaviour.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   |   |     | * |   |   |
| 5                 | *  |   | * |   |   |   |     | * |   |   |

#### **7PSYC5081: Personality Assessments (Practical)**

##### **Course Outcomes:**

- CO1: Define the concepts and assessment procedures in personality assessment. (Level 1)  
 CO2: Understand the application of assessment of personality in different fields. (Level 2)  
 CO3: Demonstrate skills in assessing various dimensions of personality. (Level 3)





CO4: Analyze and interpret the results of personality assessments. (Level 5)

CO5: Summarize reports based on personality assessment. (Level 6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   |     | * |   |   |
| 2                 | *  |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   | * |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |
| 5                 |    |   | * |   |   | * |     | * |   |   |

### 7PSYO5011: Theories of Counselling

#### Course Outcomes:

CO1: Acquire in-depth understanding of different theoretical approaches. (Level 1)

CO2: Understand the goals and techniques in different approaches. (Level 1)

CO3: Differentiate between the different theoretical approaches to counselling. (Level 1)

CO4: Assess and analyze based on each theoretical approach. (Level 2)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   |   |   |   |
| 3                 | *  |   |   |   |   |   | *   |   |   |   |
| 4                 | *  |   | * |   |   | * |     | * | * |   |

### 7PSYO5021: Lifespan Psychology

#### Course Outcomes:

CO1: Grasp the relevance of a developmental perspective to human development. (Level 1)

CO2: Understand and apply major theoretical concepts related to different domains of development across the lifespan. (Level 2)

CO3: Recognize major milestones, issues, and challenges across the lifespan. (Level 3)

CO4: Identify and address developmental challenges or delays. (Level 3)



| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   |   | *   | * |   |   |

## Second Semester

### 7PSYC6111: Research Methodology Course Outcomes

CO1: Define and distinguish among the principles, techniques, and methods involved in research. *(Level 2)*

CO2: Apply knowledge of various research designs and sampling techniques. *(Level 3)*

CO3: Critically analyze methodologies identified in existing literature. *(Level 4)*

CO4: Apply scientific principles of research methodology to projects. *(Level 3)*

CO5: Evaluate research questions, hypotheses, data, and findings. *(Level 5)*

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    | * |   |   |   | * |     |   |   | * |

### 7PSYC6121: Behavioural Statistics - II Course Outcomes

CO1: Understand and distinguish methods of inferential statistics. *(Level 2)*

CO2: Analyze the distribution and significance of data using statistical methods. *(Level 4)*

CO3: Apply testing hypotheses and significance levels using appropriate methods. *(Level 3)*

CO4: Critically analyze the application of statistical methods. *(Level 4)*

CO5: Evaluate the assumptions of statistics in data analysis. *(Level 5)*



| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    | * |   |   |   | * |     |   |   | * |

**7PSYC5131: Psychological Testing**  
**Course Outcomes**

- CO1: Define principles of quantifying human behavior. *(Level 1)*  
CO2: Discuss and distinguish methods for testing reliability and validity. *(Level 2)*  
CO3: Demonstrate psychometric principles to construct psychological tests. *(Level 3)*  
CO4: Analyze challenges in testing and test biases. *(Level 4)*  
CO5: Evaluate psychometric strengths and weaknesses of psychological tests. *(Level 5)*  
CO6: Create psychological measurements for specific hypotheses. *(Level 6)*

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    | * |   |   |   | * |     |   |   | * |
| 2                 |    | * |   |   |   | * |     |   |   | * |
| 3                 |    | * |   |   |   | * |     |   |   | * |
| 4                 |    | * |   |   |   | * |     |   |   | * |
| 5                 |    |   |   |   |   |   |     |   |   |   |
| 6                 |    | * |   |   |   | * |     |   |   | * |

**7PSYO6031: Foundations of Professional Counselling**  
**Course Outcomes**

- CO1: Understand basic aspects of counseling. *(Level 1)*  
CO2: Differentiate between counseling and related fields. *(Level 4)*  
CO3: Address professional issues in the field. *(Level 2)*  
CO4: Become aware of ethical issues, dilemmas, and concerns of counselors. *(Level 2)*

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 | * |   |   |   |   |   | * |   |   |   |
| 3 |   |   | * | * |   | * |   | * | * |   |
| 4 |   |   | * | * |   | * |   | * | * |   |

**7PSYO6041: Professional Development - I**  
**Course Outcomes**

CO1: Understand basic skills needed for professional life as a counselor. *(Level 1)*

CO2: Apply life skills models for professional development. *(Level 3)*

CO3: Develop modules for psychoeducational training. *(Level 5)*

CO4: Gain awareness of self-functioning in professional settings. *(Level 2)*

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   | * |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 |    |   | * |   |   | * |     | * | * |   |
| 4                 |    |   | * |   | * |   |     | * |   |   |

**Course Details**

**7PSYO6051: Educational Counselling**

CO1: Administer relevant assessments in classrooms *(Level 2)*

CO2: Understand teaching and learning strategies and their impact on students *(Level 3)*

CO3: Assess problematic behaviors in classroom settings *(Level 3)*

CO4: Identify suitable learning environments and improve conditions in educational settings *(Level 4)*

CO5: Provide necessary counseling in educational settings *(Level 4)*

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   | * |     | * |   |   |



|   |   |  |   |  |  |   |   |   |  |  |
|---|---|--|---|--|--|---|---|---|--|--|
| 2 | * |  | * |  |  |   | * |   |  |  |
| 3 |   |  | * |  |  | * |   | * |  |  |
| 4 |   |  | * |  |  | * |   | * |  |  |
| 5 |   |  | * |  |  | * |   | * |  |  |

### 7PSYO6061: Child and Adolescent Counselling

CO1: Understand principles and skills for counseling children and adolescents (Level 1)

CO2: Demonstrate understanding of assessment and interventions for emotional difficulties (Level 4)

CO3: Assess and evaluate career needs of adolescents (Level 4)

CO4: Use educational assessment tools and psychological tests (Level 3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   | * |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 |    |   | * |   |   | * |     | * | * |   |
| 4                 |    |   | * |   |   | * |     | * | * |   |

### 7PSYO6071: Socio-cultural Foundations of Professional Counselling

CO1: Understand the role of culture in self-development and social identities (Level 1)

CO2: Analyze social perception, attitudes, and intergroup dynamics (Level 3)

CO3: Explain theoretical concepts of social behaviors (Level 2)

CO4: Apply social psychological theories to address social issues (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   |   |   |   |
| 3                 | *  |   |   |   |   |   | *   | * |   |   |
| 4                 | *  |   |   |   |   |   |     | * |   |   |

### 7PSYC6221: Applied Social Psychology

CO1: Understand key issues and theoretical concepts in applied social psychology (Level 2)

CO2: Differentiate between testing theories and interventions (Level 2)



CO3: Apply theories to personal and social relationships (Level 3)

CO4: Analyze social and clinical issues using social psychological concepts (Level 4)

CO5: Design and evaluate intervention strategies for social influence issues (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 | 6 |
| 1                 | *  |   |   |   |   |   |     | * |   |   |   |   |
| 2                 |    |   | * |   |   |   |     |   | * |   |   |   |
| 3                 |    |   | * |   |   |   |     |   | * |   |   |   |
| 4                 |    |   |   |   |   |   |     | * | * |   |   |   |
| 5                 |    |   | * |   |   |   |     |   | * |   |   |   |

### 7PSYO6081: Child Psychopathology

CO1: Identify and describe the etiology, assessment, diagnosis, and treatment of common psychological and developmental disorders in children and adolescents. (Level 1)

CO2: Understand and distinguish various concepts of normality and pathology in a child's development. (Level 2)

CO3: Demonstrate skills in formulating and applying interventions. (Level 3)

CO4: Critically analyze and choose appropriate assessments and interventions for developmental concerns. (Level 4)

CO5: Interpret and diagnose disorders and apply treatment and intervention. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   | * |   |   |   | *   | * |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   | *   | * |   |   |
| 4                 | *  |   | * |   |   | * | *   | * |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7PSYO6091: Psychopathology

CO1: Demonstrate understanding of various manifestations of psychopathology. (Level 1)

CO2: Demonstrate ability to use DSM V and ICD 10 classificatory systems. (Level 2)

CO3: Understand skills required to diagnose various disorders. (Level 2)

CO4: Contrast and compare models of etiology. (Level 5)

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * | * |   |   |
| 2 | * |   |   |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   | * | * |   |   |
| 4 | * |   | * |   |   |   | * | * |   |   |

### 7PSYO6101: Mental Health and Counselling in Workplace

CO1: Address mental health problems encountered in organizations. (Level 5)

CO2: Gain adequate knowledge about ethical principles in workplace counseling. (Level 1)

CO3: Understand mental health first aid and the need for referrals in organizations. (Level 4)

CO4: Provide suitable interventions for employees in organizational settings. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   | * |   |   |   |     | * | * |   |
| 2                 |    |   | * | * |   | * |     | * | * |   |
| 3                 |    |   | * |   |   | * |     | * | * |   |
| 4                 |    |   | * |   |   | * |     | * |   |   |

### 7PSYO6111: Counselling Interventions for Special Populations

CO1: Identify substance use disorder and plan appropriate interventions. (Level 1)

CO2: Assess mental health concerns and develop appropriate treatment plans. (Level 2)

CO3: Illustrate the processes involved in reporting child abuse and neglect. (Level 4)

CO4: Develop prevention and intervention plans for child abuse and neglect. (Level 5)

CO5: Apply bio-psycho-social models and rehabilitation principles to provide interventions for people with disabilities. (Level 5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   | * |   |   |   |     | * | * |   |
| 2                 | *  |   | * |   |   |   |     | * | * |   |
| 3                 | *  |   | * |   |   | * |     | * | * |   |
| 4                 | *  |   | * |   |   |   |     | * | * |   |



|   |   |  |   |  |  |   |  |   |   |  |
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| 5 | * |  | * |  |  | * |  | * | * |  |
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### 7PSYO6121: Assessments for Counselling (Practical)

**CO1:** Administer the assessments in an ethical and professional manner. (Level 3)

**CO2:** Score and analyze the results appropriately (Level 4)

**CO3:** Use the knowledge of the assessment to plan suitable intervention (Level 4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   | * |     | * | * |   |
| 2                 |    |   | * |   |   |   |     | * | * |   |
| 3                 |    |   | * |   |   |   |     | * | * |   |

### Third Semester

### 7PSYO6131: Counseling in Health Settings

#### Course Outcomes (COs):

CO1: Understand bio-psycho-social model of health.

CO2: Appreciate the importance of psychological wellness in physical health.

CO3: Use motivational interviewing skills in the context of health care.

CO4: Provide appropriate intervention in health settings.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |





|   |  |  |  |   |  |  |  |   |  |  |
|---|--|--|--|---|--|--|--|---|--|--|
| 4 |  |  |  | * |  |  |  | * |  |  |
|---|--|--|--|---|--|--|--|---|--|--|

### 7PSYO6141: Integrated Skills Training (Practical)

#### Course Outcomes (COs):

CO1: Demonstrate in-depth knowledge of two theoretical approaches to counseling.

CO2: Understand the application of counseling principles to diverse populations.

CO3: Integrate assessment and interventions in counseling from various approaches.

CO4: Develop an appropriate course of action in addressing mental health concerns.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 |
| 1                 | *  |   | * |   |   | * | *   |   |   |
| 2                 |    |   | * |   |   |   |     |   |   |
| 3                 |    |   | * |   |   |   | *   |   |   |

### 7PSYO6151: Group Counseling

#### Course Outcomes (COs):

CO1: Define counseling in a group setting.

CO2: Acquire basic skills of counseling.

CO3: Understand the nature and dynamics of group counseling.

CO4: Handle difficult situations in group counseling settings.

CO5: Assess and implement techniques of group counseling.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   |     | * |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     |   | * |   |
| 4                 |    |   | * |   |   |   |     |   | * |   |
| 5                 |    | * |   |   |   |   |     | * |   |   |

### 7PSYO6161: Professional Development II



**Course Outcomes**

CO1: Explore parts of their self at a deeper level through guided autobiographical reading. (L2)

CO2: Increase their self-awareness by having specific life review themes shared in a group. (L2)

CO3: Engage in active listening and generate new perspectives. (L4)

CO4: Trust and share life stories in a group setting. (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   |   |   | * |   | *   |   |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 |    |   | * |   |   |   |     |   | * |   |
| 4                 |    |   |   |   |   | * |     | * |   |   |

**7PSYO6171: Career Counselling****Course Outcomes**

CO1: Apply the career development theories. (L2)

CO2: Identify issues and concerns in the work setting. (L5)

CO3: Use appropriate intervention in work settings. (L3)

CO4: Provide guidance in vocational settings. (L3)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    |   | * |   | * |   |     | * |   |   |
| 4                 |    |   |   | * | * |   |     |   | * |   |

**7PSYO6181: Family and Marital Counselling****Course Outcomes**

CO1: Identify substance use disorder and plan appropriate interventions. (L1)

CO2: Assess mental health concerns and develop appropriate treatment plans. (L2)

CO3: Illustrate the process involved in reporting child abuse and neglect. (L4)



CO4: Develop prevention and intervention plans to address child abuse and neglect. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    |   | * |   | * |   |     | * |   |   |
| 4                 |    |   |   | * | * |   |     |   | * |   |

### 7PSYO6191: Life Coaching

#### Course Outcomes

CO1: Demonstrate competence in applying the problem-solving approach. (L2)

CO2: Apply skills learned in the coaching scenario. (L3)

CO3: Examine and identify the indicators of self-defeating thinking styles. (L3)

CO4: Design training modules by analyzing needs and desired outcomes. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 | *  |   |   |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |

### Course Code: 7PSYO6201

Course Name: Asian Healing Practices

#### Course Outcomes:

CO1: Define the concepts and explain the foundations of Asian healing practices. (L1)

CO2: Analyze the strengths and challenges in integrating Asian and Western practices. (L3)

CO3: Exhibit knowledge and experiences in any one Asian healing practice. (L4)

#### CO-PO-PSO Mapping



| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   |   |   |   |   | *   |   |   |   |
| 2  |    |   | * |   |   |   |     | * |   |   |
| 3  |    |   |   | * |   |   |     | * |   |   |

**Course Code: 7PSYO6211**

**Course Name:** Rehabilitation Counselling

**Course Outcomes:**

CO1: Identify substance use disorder and plan appropriate interventions. (L1)

CO2: Assess mental health concerns and develop appropriate treatment plans. (L2)

CO3: Illustrate the process involved in reporting child abuse and neglect. (L4)

CO4: Develop prevention and intervention plans to address child abuse and neglect. (L5)

CO5: Apply knowledge of the bio-psycho-social model, rehabilitation principles, and policies for interventions. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     |   | * |   |
| 3                 | *  |   |   |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |
| 5                 |    |   |   |   |   | * |     |   |   | * |

**Course Code: 7PSYO6221**

**Course Name:** Sexual Dysfunction and Sex Therapy

**Course Outcomes:**

CO1: Understand the interplay of bio-psycho-social factors in normal sexual behavior and dysfunctions. (L1)

CO2: Delineate and describe culturally appropriate individual and couple sex therapies. (L2)

CO3: Critically evaluate historical and current research in sexuality and sex therapy. (L4)

CO4: Conceptualize research on sexual dysfunctions and sex therapy. (L4)



| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     |   | * |   |
| 3                 | *  |   |   |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   |     | * |   |   |

**Course Code: 7PSYC6361**

**Course Name:** Positive Psychology

**Course Outcomes:**

CO1: Understand a variety of techniques designed to enhance happiness/subjective well-being. (L2)

CO2: Demonstrate an in-depth understanding of positive psychology interventions to strengthen optimism, resilience, and self-esteem. (L2)

CO3: Evaluate the difference between weaknesses and strengths to emphasize strengths for well-being. (L5)

CO4: Apply positive psychology techniques to enhance individual, group, and community well-being. (L3)

CO5: Reflect and analyze how positive psychology techniques influence lasting happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   | * |   |     |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   | * |   |   |   | *   | * | * |   |
| 5                 |    |   | * | * |   |   |     | * | * | * |

**Course Code: 7PSYC6371**

**Course Name:** Qualitative Research in Psychology

**Course Outcomes (COs):**



1. Demonstrate understanding of the steps involved in qualitative research methods.
2. Explain various qualitative data collection techniques and their applications.
3. Develop skills in using qualitative data analysis software programs effectively.
4. Analyze, interpret, and report findings in qualitative research.
5. Apply report writing strategies tailored to different qualitative research approaches.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 |
| 1                 | *  |   |   |   |   |   |     |   |   |   |   |
| 2                 | *  |   |   |   |   |   |     |   |   |   |   |
| 3                 |    |   |   |   |   |   |     |   |   |   |   |
| 4                 |    |   |   |   |   |   |     |   |   |   | * |
| 5                 |    |   | * |   |   |   |     |   | * |   |   |

#### Fourth Semester

#### 7PSYO6231: Crisis Intervention and Trauma Counselling

##### Course Outcomes:

- CO1: Understand the concepts and stages of crisis and trauma (L1)  
 CO2: Evaluate the trauma using relevant assessment strategies (L3)  
 CO3: Apply understanding of crisis and trauma effectively in relevant situations (L4)  
 CO4: Create a model of intervention using crisis and trauma theories and approaches (L4)

#### CO-PO-PSO Mapping



| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   |   |   |   |   | *   |   |   |   |
| 2  |    | * |   |   |   |   |     | * |   |   |
| 3  |    |   | * |   |   |   | *   |   |   |   |
| 4  |    |   | * |   |   |   | *   |   |   |   |

### 7INTS7010: Internship I

#### Course Outcomes:

CO1: Apply the theoretical understanding of concepts, theories, and interventions (L3)

CO2: Demonstrate skills in interacting with the client and establishing professional relationships (L3)

CO3: Demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Acquire experiential learning and get sensitized toward the requirements of professional practice

CO5: Be professionally ready to deal effectively in the environment

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

### 7INTS7020: Internship II

#### Course Outcomes:

CO1: Apply the theoretical understanding of concepts, theories, and interventions (L3)

CO2: Demonstrate skills in interacting with the client and establishing professional relationships (L3)

CO3: Demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Acquire experiential learning and get sensitized toward the requirements of



professional practice

CO5: Be professionally ready to deal effectively in the environment

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

### 7INTS7030: Internship III

#### Course Outcomes:

CO1: Apply the theoretical understanding of concepts, theories, and interventions (L3)

CO2: Demonstrate skills in interacting with the client and establishing professional relationships (L3)

CO3: Demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Acquire experiential learning and get sensitized toward the requirements of professional practice

CO5: Be professionally ready to deal effectively in the environment

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

### 7INTS7040: Internship IV

#### Course Outcomes:





- CO1: Apply the theoretical understanding of concepts, theories, and interventions (L3)
- CO2: Demonstrate skills in interacting with the client and establishing professional relationships (L3)
- CO3: Demonstrate therapeutic and professional skills required in professional settings (L3)
- CO4: Acquire experiential learning and get sensitized toward the requirements of professional practice
- CO5: Be professionally ready to deal effectively in the environment

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 |    |   | * |   |   |   |     | * |   |   |
| 3                 |    |   | * |   |   |   |     | * |   |   |
| 4                 |    |   |   | * |   |   |     |   | * |   |
| 5                 |    |   |   |   |   | * |     |   | * |   |

#### 7DISS7010: Dissertation

##### Course Outcomes:

- CO1: Apply theoretical knowledge, research methodology, and statistics in practice
- CO2: Demonstrate statistical and research training in implementing an appropriate research procedure in their area of interest
- CO3: Score, analyze, and interpret the data obtained
- CO4: Acquire coherent and logical understanding and demonstrate competence in analyzing and discussing results and report writing
- CO5: Analyze and synthesize research findings, implications, limitations within the ethical guidelines of APA and publish the research

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 |    |   | * |   |   |   | *   |   |   |   |
| 2                 |    | * |   |   |   |   |     | * |   |   |
| 3                 |    | * |   |   |   |   | *   |   |   |   |



|   |  |  |  |   |   |  |   |  |  |  |
|---|--|--|--|---|---|--|---|--|--|--|
| 4 |  |  |  | * |   |  | * |  |  |  |
| 5 |  |  |  |   | * |  | * |  |  |  |

**MSc Psychology (Counseling)**  
**2023-2025**

**Programme Educational Objectives**

**PEO1:** Graduates will be competent with understanding, assessing and modifying human behavior.

**PEO2:** Graduates will be equipped with the requisite knowledge and skills in the core domains of psychology and in the specializations.

**PEO3:** Graduates will develop a strong foundation in the professional realm.

**PEO4:** Graduates will demonstrate strong abilities in applying psychological principles, theories and approaches and sustain ethical values.

**Programme Outcomes (POs)**

**PO1: Scientific Knowledge:** Graduate will demonstrate knowledge of psychological theories and approaches and evaluate ideas from varied perspectives and to understand the role of scientific research in best and continuous improvement of practice.

**PO2: Higher education and research:** Graduates will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.

**PO3: Application of skills:** Graduates can utilize counselling principles to generate solutions to personal, social, organizational and societal problems. They will be able to assess, diagnose, and treat a variety of problems to a broad range of clients.

**PO4: Professional development:** Students will be able to incorporate ethical dimensions and appreciate growth in the field of theory and practice.

**PO5: Personal responsibility:** Students will be aware of their personal and professional competence and will engage in appropriate self-care, continuing education and adaptive learning for practice.

**PO6: Ethical, Social and Multicultural responsibility:** Students will implement and adhere to the ethical principles and demonstrate social responsibility and multicultural competence.

**Program Specific Outcomes (PSOs)**



**PSO1:** Graduates will demonstrate understanding of client issues and the core role of effective relationships with clients in the counselling process.

**PSO2:** Graduates will be able to plan and conduct appropriate intervention techniques and evaluate them within evidence-based practices.

**PSO3:** Graduates will be able to provide instruction, supervision and consultation of psychological practice.

**PSO4:** Graduates will be able to critically evaluate scientific research and to conduct independent research projects.

**PSO5:** Graduates will be able to Cultivate self-awareness, empathy, and reflective practices to enhance personal growth and professional effectiveness in counselling psychology.

**PSO6:** Graduates will be able to Gain hands-on experience through supervised internships and fieldwork to bridge the gap between theoretical knowledge and real-world counselling scenarios.

#### **First Semester**

**Course Code:** 7PSYO5011

**Course Name:** Theories of Counselling

**Course Outcomes:**

CO1: Acquire in-depth understanding of different theoretical approaches.

CO2: Understand the goals and techniques in different approaches.

CO3: Differentiate between the different theoretical approaches to counselling.

CO4: Assess and analyze based on each theoretical approach.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |

**Course Code:** 7PSYO512

**Course Name:** Basics of Counselling

**Course Outcomes:**



CO1: Explain the historical context, development, and current status of counseling psychology, particularly in the Indian context.

CO2: Analyze psychological processes to understand client behavior.

CO3: Demonstrate awareness of personal and professional qualities required for counseling.

CO4: Explain and apply the stages of the counseling process.

CO5: Evaluate and apply different models of counseling.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |
| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |

**Course Code:** 7PSYO513

**Course Name:** Lifespan Development

**Course Outcomes:**

CO1: Grasp the relevance of a developmental perspective to human development.

CO2: Understand and apply major theoretical concepts related to different domains of development across the lifespan.

CO3: Recognize major milestones, issues, and challenges across the lifespan.

CO4: Identify and address developmental challenges or delays.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   |   |   |   |   | *   |   |   |   |
| 3                 | *  |   | * |   |   |   | *   |   |   |   |
| 4                 | *  |   | * | * |   |   |     | * |   |   |



### 7PSYC5031: Biological Foundations of Behaviour

**CO1:** Define and identify the physiology of the human body.

**CO2:** Understand the basic human biological functioning.

**CO3:** Apply theoretical understanding to analyze dysfunctions of the brain.

**CO4:** Acquire knowledge of biological bases of human behavior.

**CO5:** Assess and differentiate between normal and deviant functioning.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |
| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |

### 7PS505: Research Methodology

**CO1:** Explain the scope and ethical considerations in research in humanities and social sciences.

**CO2:** Outline different types of research with examples.

**CO3:** Identify the steps in formulating a research question and reviewing literature.

**CO4:** Recognize and construct hypotheses using appropriate variables.

**CO5:** Use relevant sampling techniques.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |
| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |



### 7PSY0514: Basic Counselling Skills (Practicals)

**CO1:** Identify interpersonal skills essential in the counseling process.

**CO2:** Understand the application of counseling principles for diverse populations.

**CO3:** Demonstrate skills in building a healthy counselor-client relationship.

**CO4:** Develop action plans for addressing mental health concerns.

**CO5:** Evaluate the need for therapeutic interventions.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |
| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |

### 7PSYG505: Academic Writing

**CO1:** Develop arguments and present them in a scientific and academic format.

**CO2:** Evaluate scientific papers and literature.

**CO3:** Write academic papers and reports effectively.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |

### Second Semester

### 7PSY0515: Positive Psychology

**CO1:** Understand techniques designed to enhance happiness and subjective well-being. (L2)

**CO2:** Demonstrate understanding of positive psychology interventions for optimism, resilience, and self-esteem. (L2)



**CO3:** Evaluate strengths-based approaches to enhance well-being. (L5)

**CO4:** Apply positive psychology techniques to improve well-being in various settings. (L3)

**CO5:** Reflect on how positive psychology techniques contribute to lasting happiness. (L4)

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |
| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |

### 7PSYO516: Psychological Disorders - I

**CO1:** Identify and describe causes, assessment, diagnosis, and treatment of mental health disorders. (L2)

**CO2:** Demonstrate skills in formulating and applying interventions. (L3)

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |

### 7PSYO6131: Counselling in Health Settings

**CO1:** Understand the bio-psycho-social model of health.

**CO2:** Appreciate the role of psychological wellness in physical health.

**CO3:** Use motivational interviewing skills in healthcare contexts.

**CO4:** Provide effective interventions in health settings.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
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### 7PSYO517: Eastern Perspective to Counselling

#### Outcomes:

CO1: Describe the elements of Eastern perspectives.

CO2: Outline the Indian approach to counseling as mentioned in the scriptures.

CO3: Explain theoretical underpinnings of Traditional Chinese Medicine.

CO4: Explain principles of Buddhist psychology and therapeutic interventions.

CO5: Describe alternative healing techniques and their relevance in counseling.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
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### 7PSYO518: Social and Community Psychology

#### Outcomes:

CO1: Understand and apply knowledge of social psychology.

CO2: Apply knowledge in explaining and modifying social behavior.

CO3: Understand mental health from a social and community perspective.

CO4: Evaluate community mental health.

CO5: Evaluate and design community mental health programs.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
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### 7PSYO6051: Educational Counselling

#### Outcomes:

CO1: Administer relevant assessments in the classroom.

CO2: Understand teaching and learning strategies and their impact on students.

CO3: Assess for problematic behaviors in classroom settings.

CO4: Identify suitable learning environments and improve conditions in educational settings.

CO5: Provide necessary counseling in educational settings.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO6101: Mental Health and Counselling at Workplace

#### Outcomes:

CO1: Discuss the signs and symptoms of mental illness and psychological dysfunction in the workplace.

CO2: Understand various factors affecting mental health at work.

CO3: Demonstrate skills in identifying symptoms, causes, and treatments for workplace-related psychological issues.

CO4: Analyze the complex factors contributing to psychological dysfunction.

CO5: Critically evaluate different conceptual approaches to etiology and treatment of workplace mental disorders.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |



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### 7PSYO519: Psychological Assessments (Practicals)

#### Outcomes:

CO1: Demonstrate in-depth knowledge of psychological assessments.

CO2: Understand the application of counseling principles to diverse populations.

CO3: Integrate assessments and interventions in counseling from various approaches.

CO4: Develop appropriate courses of action for addressing mental health concerns.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO520: Computer Applications (Practicals)

#### Course Outcomes:

CO1: Use the computer as a tool and demonstrate its application. (L2)

CO2: Demonstrate knowledge of key computer applications used in Psychology and choose the appropriate application for specific tasks. (L3)

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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**MSc Psychology (Counseling)**  
**2024-2026**

**Programme Educational Objectives**

**PEO1:** Graduates will be competent with understanding, assessing and modifying human behavior.

**PEO2:** Graduates will be equipped with the requisite knowledge and skills in the core domains of psychology and in the specializations.

**PEO3:** Graduates will develop a strong foundation in the professional realm.

**PEO4:** Graduates will demonstrate strong abilities in applying psychological principles, theories and approaches and sustain ethical values.

**Programme Outcomes (POs)**

**PO1: Scientific Knowledge:** Graduate will demonstrate knowledge of psychological theories and approaches and evaluate ideas from varied perspectives and to understand the role of scientific research in best and continuous improvement of practice.

**PO2: Higher education and research:** Graduates will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.

**PO3: Application of skills:** Graduates can utilize counselling principles to generate solutions to personal, social, organizational and societal problems. They will be able to assess, diagnose, and treat a variety of problems to a broad range of clients.

**PO4: Professional development:** Students will be able to incorporate ethical dimensions and appreciate growth in the field of theory and practice.

**PO5: Personal responsibility:** Students will be aware of their personal and professional competence and will engage in appropriate self-care, continuing education and adaptive learning for practice.

**PO6: Ethical, Social and Multicultural responsibility:** Students will implement and adhere to the ethical principles and demonstrate social responsibility and multicultural competence.

**Program Specific Outcomes (PSOs)**

**PSO1:** Graduates will demonstrate understanding of client issues and the core role of effective relationships with clients in the counselling process.

**PSO2:** Graduates will be able to plan and conduct appropriate intervention techniques and evaluate them within evidence-based practices.



**PSO3:** Graduates will be able to provide instruction, supervision and consultation of psychological practice.

**PSO4:** Graduates will be able to critically evaluate scientific research and to conduct independent research projects.

**PSO5:** Graduates will be able to Cultivate self-awareness, empathy, and reflective practices to enhance personal growth and professional effectiveness in counselling psychology.

**PSO6:** Graduates will be able to Gain hands-on experience through supervised internships and fieldwork to bridge the gap between theoretical knowledge and real-world counselling scenarios.

### First Semester

**Course Code:** 7PSYO5011

**Course Name:** Theories of Counselling

**Course Outcomes:**

CO1: Acquire in-depth understanding of different theoretical approaches.

CO2: Understand the goals and techniques in different approaches.

CO3: Differentiate between the different theoretical approaches to counselling.

CO4: Assess and analyze based on each theoretical approach.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |   |
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**Course Code:** 7PSYO512

**Course Name:** Basics of Counselling

**Course Outcomes:**

CO1: Explain the historical context, development, and current status of counseling psychology, particularly in the Indian context.

CO2: Analyze psychological processes to understand client behavior.

CO3: Demonstrate awareness of personal and professional qualities required for counseling.

CO4: Explain and apply the stages of the counseling process.



CO5: Evaluate and apply different models of counseling.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 | 6 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |   |   |
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**Course Code:** 7PSYO513

**Course Name:** Lifespan Development

**Course Outcomes:**

CO1: Grasp the relevance of a developmental perspective to human development.

CO2: Understand and apply major theoretical concepts related to different domains of development across the lifespan.

CO3: Recognize major milestones, issues, and challenges across the lifespan.

CO4: Identify and address developmental challenges or delays.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
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**7PSYC5031: Biological Foundations of Behaviour**

CO1: Define and identify the physiology of the human body.

CO2: Understand the basic human biological functioning.

CO3: Apply theoretical understanding to analyze dysfunctions of the brain.

CO4: Acquire knowledge of biological bases of human behavior.



**CO5:** Assess and differentiate between normal and deviant functioning.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
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### 7PS505: Research Methodology

**CO1:** Explain the scope and ethical considerations in research in humanities and social sciences.

**CO2:** Outline different types of research with examples.

**CO3:** Identify the steps in formulating a research question and reviewing literature.

**CO4:** Recognize and construct hypotheses using appropriate variables.

**CO5:** Use relevant sampling techniques.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSY0514: Basic Counselling Skills (Practicals)

**CO1:** Identify interpersonal skills essential in the counseling process.

**CO2:** Understand the application of counseling principles for diverse populations.

**CO3:** Demonstrate skills in building a healthy counselor-client relationship.

**CO4:** Develop action plans for addressing mental health concerns.

**CO5:** Evaluate the need for therapeutic interventions.



|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
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### 7PSYG505: Academic Writing

**CO1:** Develop arguments and present them in a scientific and academic format.

**CO2:** Evaluate scientific papers and literature.

**CO3:** Write academic papers and reports effectively.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### Second Semester

### 7PSYO515: Positive Psychology

**CO1:** Understand techniques designed to enhance happiness and subjective well-being. (L2)

**CO2:** Demonstrate understanding of positive psychology interventions for optimism, resilience, and self-esteem. (L2)

**CO3:** Evaluate strengths-based approaches to enhance well-being. (L5)

**CO4:** Apply positive psychology techniques to improve well-being in various settings. (L3)

**CO5:** Reflect on how positive psychology techniques contribute to lasting happiness. (L4)



|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO516: Psychological Disorders - I

**CO1:** Identify and describe causes, assessment, diagnosis, and treatment of mental health disorders. (L2)

**CO2:** Demonstrate skills in formulating and applying interventions. (L3)

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO6131: Counselling in Health Settings

**CO1:** Understand the bio-psycho-social model of health.

**CO2:** Appreciate the role of psychological wellness in physical health.

**CO3:** Use motivational interviewing skills in healthcare contexts.

**CO4:** Provide effective interventions in health settings.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO517: Eastern Perspective to Counselling

#### Outcomes:

CO1: Describe the elements of Eastern perspectives.

CO2: Outline the Indian approach to counseling as mentioned in the scriptures.

CO3: Explain theoretical underpinnings of Traditional Chinese Medicine.

CO4: Explain principles of Buddhist psychology and therapeutic interventions.

CO5: Describe alternative healing techniques and their relevance in counseling.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO518: Social and Community Psychology

#### Outcomes:

CO1: Understand and apply knowledge of social psychology.

CO2: Apply knowledge in explaining and modifying social behavior.

CO3: Understand mental health from a social and community perspective.

CO4: Evaluate community mental health.

CO5: Evaluate and design community mental health programs.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
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### 7PSYO6051: Educational Counselling

#### Outcomes:

CO1: Administer relevant assessments in the classroom.

CO2: Understand teaching and learning strategies and their impact on students.

CO3: Assess for problematic behaviors in classroom settings.

CO4: Identify suitable learning environments and improve conditions in educational settings.

CO5: Provide necessary counseling in educational settings.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
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| 5  |    |                   |   |   | * |   |   |   |     |   |   |   |  |

### 7PSYO6101: Mental Health and Counselling at Workplace

#### Outcomes:

CO1: Discuss the signs and symptoms of mental illness and psychological dysfunction in the workplace.

CO2: Understand various factors affecting mental health at work.

CO3: Demonstrate skills in identifying symptoms, causes, and treatments for workplace-related psychological issues.

CO4: Analyze the complex factors contributing to psychological dysfunction.

CO5: Critically evaluate different conceptual approaches to etiology and treatment of workplace mental disorders.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
|----|----|-------------------|---|---|---|---|---|---|-----|---|---|---|--|
| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |



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| 3 | * |  | * |   |   |  | * |   |  |  |  |  |
| 4 | * |  | * | * |   |  |   | * |  |  |  |  |
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### 7PSYO519: Psychological Assessments (Practicals)

#### Outcomes:

CO1: Demonstrate in-depth knowledge of psychological assessments.

CO2: Understand the application of counseling principles to diverse populations.

CO3: Integrate assessments and interventions in counseling from various approaches.

CO4: Develop appropriate courses of action for addressing mental health concerns.

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 2  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
| 3  | *  |                   | * |   |   |   | * |   |     |   |   |   |  |
| 4  | *  |                   | * | * |   |   |   | * |     |   |   |   |  |

### 7PSYO520: Computer Applications (Practicals)

#### Course Outcomes:

- **CO1:** Use the computer as a tool and demonstrate its application. (L2)
- **CO2:** Demonstrate knowledge of key computer applications used in Psychology and choose the appropriate application for specific tasks. (L3)

|    |    | CO-PO-PSO Mapping |   |   |   |   |   |   |     |   |   |   |  |
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| CO | PO |                   |   |   |   |   |   |   | PSO |   |   |   |  |
|    | 1  | 2                 | 3 | 4 | 5 | 6 | 1 | 2 | 3   | 4 | 5 | 6 |  |
| 1  | *  |                   |   |   |   |   | * |   |     |   |   |   |  |
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# **MSc Psychology (Clinical)**

**2019-2021**

## **Programme Educational Objectives**

**PEO1:** To specialize in human behavioral understanding, assessments and modifications.

**PEO2:** To acquire the requisite knowledge in the core domains of psychology, including biological foundations, personality, learning, cognition, and in the specializations such as neuropsychology, forensic psychology, geriatric and pediatric psychology, psychopathology, positive psychology, psychological assessment and therapy which are required to be a competent psychologist.

**PEO3:** To develop the ability in applying psychological principles, theories and approaches to research and practices.

**PEO4:** To develop a strong foundation in the professional realm.

**PEO5:** To sustain and enhance ethical values, corporate social responsibility and sustainability.

## **Programme Outcomes (POs)**

**PO1: Integration of knowledge:** Students will demonstrate knowledge of psychological theories and approaches in areas of psychology.

**PO2: Specialized knowledge:** Students will be able to assess and critically evaluate information, ideas and assumptions from varied perspectives.

**PO3: Scientific knowledge:** Students will be able to understand the role of scientific research in best and continuous improvement of practice.

**PO4: Higher education and research:** Students will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.

**PO5: Application of skills:** Students will utilize psychological principles to generate solutions to personal, social, organizational and societal problems.



**PO6: Professional readiness:** Students will be able to assess, diagnose, and treat a variety of problems to a broad range of clients.

**Program Specific Outcomes (PSOs)**

**PSO1:** Students will demonstrate understanding in the core role of effective relationships with clients in conducting best practices.

**PSO2:** Students will be able to understand and conduct clinical case conceptualization with various therapeutic techniques.

**PSO3:** Students will be able to plan, conduct and evaluate interventions within evidence based practices.

**PSO4:** Students will be able to provide instruction, supervision and consultation of psychological practice.

**PSO5:** Students will be able to critically evaluate scientific research and to conduct independent research projects.

**First Semester**

**7MPC101: Foundations of Psychology**

**Course Outcomes:** On successful completion of the course, students will be able to:

1. Place their professional lives and work in a larger context shaped by historical and social factors of psychology.
2. Articulate a personal philosophy and apply it to their professional work.
3. Analyze psychological theories and apply them to contemporary situations.
4. Develop critical thinking skills to address diverse and unique situations.
5. Understand present psychological dynamics with an overview of historical perspectives.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |



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| 3 | * |  | * |  |  |  |   | * | * |  |
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| 5 | * |  | * |  |  |  | * | * |   |  |

## 7MPC110: BEHAVIOURAL STATISTICS- I

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Demonstrate the ability to apply fundamental concepts in exploratory data analysis.
2. Use appropriate data collection methods and statistical analysis tools for analyzing numerical data.
3. Design studies for obtaining data whilst avoiding common design flaws that incur bias, inefficiency and confounding.
4. Demonstrate an understanding of the basic concepts of probability and random variables.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC102: BIOLOGICAL FOUNDATIONS OF PSYCHOLOGY I

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Students will know the interaction between mind and behaviour.
2. Identify different organs of the human body and understand their role in behaviour modification in an individual.
3. Identify the biological changes responsible for the formation of personality in an individual.
4. How Neuro chemical control mood and how we can make appropriate changes to the same and enhance

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
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| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 | * |   | * |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   |   | * | * |   |
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## 7MPC104: COGNITIVE PSYCHOLOGY

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Define cognitive psychology and analyze its scope, importance, and core concepts, including mental representations, cognitive architecture, and consciousness.
2. Understand Gestalt approaches to perception, including bottom-up and top-down processes, and their role in perceptual learning and change blindness.
3. Define and differentiate types, processes, and theories of attention and memory, alongside their neurological bases.
4. Understand the structure, representation, and acquisition of language, comparing human and animal communication.
5. Define cognitive neuroscience and explore the relationship between the mind and brain, focusing on functional neuroanatomy and brain structures.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC113: THEORIES OF LEARNING

**Course Outcomes: On successful completion of the course, the students will be able to:**



1. Explain the need for learning theories, key variables, and laws of learning, and identify the determinants of learning and their applications in research and practice.
2. Examine the contributions of Pavlov, Guthrie, Thorndike, Harlow, and Skinner to S-R theories, and evaluate their relevance and applications in contemporary research.
3. Explore the theories of Hull, Mowrer, Spence, and Miller, and assess their current status in research and practical applications.
4. Analyze cognitive perspectives in learning, including the theories of Tolman, Bandura, and Gestalt theorists like Kohler and Koffka, and their practical applications in modern contexts.
5. Investigate mathematical models, simulated learning models, and human learning models, and explore their integration with artificial intelligence and robotics in current research and applications.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
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| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC112: EDUCATIONAL PSYCHOLOGY

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Define educational psychology, explore its nature, history, and scope, and analyze various methods and contemporary approaches, including Bloom's taxonomy and Gardner's theory of multiple intelligences.
2. Examine learning principles from conditioning theories (Pavlov, Skinner, Thorndike), cognitive theories, and social and meditational paradigms, while addressing cultural differences in learning.
3. Evaluate theories of cognitive constructivism by Piaget and Bruner, and their implications for instructional practices in diverse educational settings.





4. Explore self-regulated learning, cooperative and collaborative learning, group learning dynamics, and the integration of ICT in teaching for enhanced educational outcomes.

5. Apply effective assessment techniques and understand diversity in evaluation, including statistical measures like range, standard deviation, skewness, and kurtosis, for analyzing educational data.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
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| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC114: EDUCATIONAL PSYCHOLOGY (PRACTICAL)

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Administer and interpret personality questionnaires such as the Early School Personality Questionnaire and the Children Personality Questionnaire to understand personality traits in school-age individuals.
2. Apply tools like the Learning Styles Inventory, Study Habits Inventory, and Study Habits and Attitude Scale to analyze individual differences in learning preferences and study behaviors.
3. Utilize instruments like Saraswath's Self-Concept Scale and Rosenberg's Self-Esteem Scale to evaluate self-perception and self-worth among students.
4. Employ tools such as the Aggression Scale and Frustration Scale to assess emotional tendencies and behavioral responses in various situations.
5. Administer the Personal Values Questionnaire to explore and interpret the value systems and attitudes that influence students' behavior and decision-making.

| CO-PO-PSO Mapping |    |     |
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| CO                | PO | PSO |



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| 2 | * |   | * |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   |   | * | * |   |
| 4 | * |   |   |   |   |   | * |   |   |   |
| 5 | * |   | * |   |   |   | * | * |   |   |

### 7MPC107: SUPERVISED INTERNSHIP

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To apply the theoretical understanding of concepts, theories and interventions (L3)

CO2: Students will be able to demonstrate skills in interacting with the client and establishing professional relationships with the client (L3)

CO3: Students will demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Students will acquire experiential learning and get sensitised toward the requirements of professional requirement.

CO5: Students will be professionally ready to deal effectively in the environment

### Second Semester

#### 7MPC201: RESEARCH METHODOLOGY

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To define and distinguish among the principles, techniques and methods involved in research. (L2)

CO2: To apply the knowledge of various methods of research design and sampling techniques while conducting research. (L3)

CO3: To critically analyse research methodologies identified in existing literature. (L4)

CO4: To apply the scientific principles of research methodology for various research projects. (L3)

CO5: To evaluate research questions, hypothesis, data and findings. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |



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## 7MPC211: BEHAVIOURAL STATISTICS- II

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To understand and distinguish the different methods of inferential statistics. (L2)

CO2: To analyse the distribution and significance of the data using appropriate statistical methods. (L4)

CO3: To apply the knowledge of testing hypotheses and levels of significance using appropriate statistical methods. (L3)

CO4: To critically analyse the application relevant statistical methods based distribution of data and sampling. (L4)

CO5: To evaluate the underlying assumptions of statistics for data analysis. (L5)

| CO-PO-PSO<br>Mapping |    |   |   |   |   |   |     |   |   |   |
|----------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                   | PO |   |   |   |   |   | PSO |   |   |   |
|                      | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                    | *  |   |   |   |   |   | *   |   |   |   |
| 2                    | *  |   | * |   |   |   | *   | * |   |   |
| 3                    | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC203: PERSONALITY THEORIES

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Analyze the psychoanalytic framework, including Freud's theories on instincts, psychosexual stages, and defense mechanisms.
2. Explore the contributions of Jung, Adler, and Horney to personality theories, including their unique systems, key concepts, and assessment methods.



- Investigate the behavioral principles of reinforcement, operant conditioning, and observational learning through the works of Skinner and Bandura.
- Analyze developmental stages of personality formation and processes of behavior modification.
- Understand Maslow's hierarchy of needs and Rogers' theory of self-actualization in personality development.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
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## 7MPC202: BIOLOGICAL FOUNDATIONS OF PSYCHOLOGY- II

**Course Outcomes: On successful completion of the course, the students will be able to:**

- Comprehend the biopsychology of cognitive functions
- Understand the biopsychology of arousal
- Recognize the biopsychology of motivation and emotion.
- Understand the biopsychology of select psychiatric conditions.
- Identify the biological and psychosomatic changes responsible for the formation of personality

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC210: PSYCHOLOGICAL TESTING

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Explain the nature, types, and uses of psychological tests, and apply principles such as item analysis, item response theory, and test construction for developing reliable and valid assessments.
2. Interpret the ability to develop norms (e.g., age norms, percentile ranks, and standard scores) and utilize computational tools for interpreting test scores effectively.
3. Analyze various methods for estimating reliability and aspects of validity, identify factors affecting them, and address challenges such as low reliability and interpreting validity coefficients.
4. Apply and interpret statistical analyses including t-tests, z-tests, one-way and two-way ANOVA, MANOVA, and correlation using parametric methods to analyze psychological data.
5. Utilize non-parametric methods like chi-square, Mann-Whitney U, and Kruskal-Wallis H tests, and understand measures of central tendency, correlation, and regression for analyzing non-normal data distributions.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC205: NEUROPSYCHOLOGY

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Explain localization, lateralization, and dissociation of cognitive functions, and analyze contributions to neuropsychology.
2. Examine categorization, problem-solving, and creativity, including their theories, processes, and influencing factors.
3. Evaluate reasoning and decision-making processes, employing heuristics and identifying factors like framing effects and analogies.
4. Understand spoken and written language comprehension, speech perception, and the role of grammar and theories of word recognition.



- Investigate speech production, writing processes, and bilingualism, including cognitive implications of code-switching

| CO-PO-PSO<br>Mapping |    |   |   |   |   |   |     |   |   |   |
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| CO                   | PO |   |   |   |   |   | PSO |   |   |   |
|                      | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
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| 2                    | *  |   | * |   |   |   | *   | * |   |   |
| 3                    | *  |   | * |   |   |   |     | * | * |   |
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## 7MPC206: FOUNDATIONS OF FORENSIC PSYCHOLOGY

**Course Outcomes: On successful completion of the course, the students will be able to:**

- Define forensic psychology, differentiate it from forensic psychiatry, and explore ethical considerations, roles, and career paths in the field.
- Apply police psychological assessments, profiling techniques, and investigative tools like polygraphs and forensic hypnosis.
- Analyze theories of crime, factors influencing juvenile and persistent criminal behavior, and psychological profiles of offenders, including psychopaths and violent criminals.
- Integrate the role of forensic psychologists in courts, including providing expert testimony, evaluating competency, and addressing issues like sexual harassment and civil commitment.
- Examine the psychological needs of crime victims, family violence dynamics, and correctional approaches for adult and juvenile offenders, emphasizing rehabilitation and treatment.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
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| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
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### 7MPC209: PERSONALITY THEORIES (PRACTICAL)

**Course Outcomes: On successful completion of the course, the students will be able to:**

1. Apply various standardized tools like EPQ, MMPI, MBTI, and 16 PF for evaluating personality traits and dimensions.
2. Develop skills to interpret results from tests like NEO-5 and Type A/B Personality Test to assess individual differences.
3. Explore constructs such as risk-taking behavior and locus of control using tools like Subhash Sarkar's Risk-Taking Scale and Levinson's LOC.
4. Assess inventories like Bell's Adjustment Inventory to identify adjustment issues in various life domains.
5. Utilize comprehensive tools like Sanjay Vohra's Multi-Dimensional Assessment Series for a holistic evaluation of personality.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
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### 7MPC207: SUMMER INTERNSHIP

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To apply the theoretical understanding of concepts, theories and interventions (L3)

CO2: Students will be able to demonstrate skills in interacting with the client and establishing professional relationships with the client (L3)



CO3: Students will demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Students will acquire experiential learning and get sensitised toward the requirements of professional requirement.

CO5: Students will be professionally ready to deal effectively in the environment.

### Third Semester

#### 7MPC311: INDIAN AND TRANSPERSONAL PSYCHOLOGY

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To understand the theoretical foundations of transpersonal psychology (L2)

CO2: To demonstrate post-conventional thinking from a new paradigm (L3)

CO3: To apply the principles of indigenous perspective to understand human behaviour, life and beyond (L4)

CO4: To differentiate the theories and concepts of transpersonal psychology beyond individual and conventional levels (L5)

CO5: To interpret human life and beyond based on the concepts of transpersonal psychology theories in therapy, counselling, and research (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

#### 7MPC302: PSYCHOTHERAPY- I

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To explain different psychological theories and its application as psychotherapy in practice (L2)

CO2: To demonstrate the knowledge of psychodynamic, analytical, individual, and humanistic therapies (L3)

CO3: To critically examine different approaches to therapy. (L3)





CO4: To analyse mental health and behavioural concerns using feminist and existential therapies (L4)

CO5: To determine and apply appropriate therapeutic techniques for mental health and behavioural concerns (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7MPC303 : GERIATRIC AND PEDIATRIC COUNSELLING

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To understand the dynamics and processes of child counselling and geriatric counselling. (L2)

CO2: To apply the knowledge of developmental concerns in working with children (L3)

CO3: To demonstrate skills in providing psychological support for the geriatric population (L3)

CO4: To develop intervention and models on remedial assistance for children and elderly. (L4)

CO5: To evaluate the impact of integration of social organizations, family and community in child and geriatric care (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7MPC304: CHILD PSYCHOPATHOLOGY AND INTERVENTIONS

**Course Outcomes: On successful completion of the course, Students will be able,**



CO1: To identify and describe the etiology, assessment, diagnosis, and treatment of common psychological and developmental disorders in children and adolescents. (L1)

CO2: To understand and distinguish various concepts of normality and pathology in a child's development. (L2)

CO3: To demonstrate the skills in formulating and applying interventions (L3)

CO4: To critically analyse and choose appropriate assessment and intervention for developmental concerns (L4)

CO5: To interpret and diagnose the disorders and to apply treatment and intervention (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7MPC305: CHILD ASSESSMENTS AND INTERVENTIONS (PRACTICAL)

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: Will have the knowledge of professional and scientific discipline of child pathology

CO2: Will be equipped with therapies and models in disorders diagnosed in childhood

CO3: Will have adequate knowledge about the issues revolving around child psychiatry

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |

### 7MPC306: PSYCHOPATHOLOGY

**Course Outcomes: On successful completion of the course, Students will be able,**



CO1: To discuss the signs and symptoms of mental illness and other forms of psychological and behavioural dysfunction. (L2)

CO2: To understand DSM-5 and ICD-10 nosological system for the classification and diagnosis of psychological disorders (L2)

CO3: To demonstrate skills of identifying symptoms, causes and treatment for psychological disorders such as organic, mood, neurotic, stress, somatoform and personality disorders. (L3)

CO4: To analyse the complex factors that contribute to psychological and behavioural dysfunction. (L4)

CO5: To critically evaluate different conceptual approaches to etiology and treatment of psychopathology. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

## 7MPC307: CLINICAL ASSESSMENTS AND INTERVENTIONS I (PRACTICAL)

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To define the concepts and assessment procedures in psychopathology assessment for adults (L1)

CO2: To understand the application of psychopathological assessment for various mental health and behavioural problems in adults. (L2)

CO3: To demonstrate skills in assessing various forms of psychopathology in adults. (L3)

CO4: To analyse and interpret the results of assessments for diagnosis and treatment plan (L5)

CO5: To summarize reports based on the assessment (L6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |



|   |   |  |   |  |  |  |   |   |   |  |
|---|---|--|---|--|--|--|---|---|---|--|
| 3 | * |  | * |  |  |  |   | * | * |  |
| 4 | * |  |   |  |  |  | * |   |   |  |
| 5 | * |  | * |  |  |  | * | * |   |  |

### 7MPC308: BASIC COUNSELLING SKILLS

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To discuss the principles and elements of effective interviewing in counselling. (L2)

CO2: To develop appropriate counselling goals and design intervention strategies for an effective counselling process. (L4)

CO3: To demonstrate effective therapeutic relationships and professional boundaries. (L3)

CO4: To apply ethical and legal principles in the counselling process and the relationship. (L4)

CO5: To evaluate client outcomes and have a successful termination of counsellor-client relationships. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### PLSI301: SOFT SKILLS

**Course Outcomes: Students will be able to**

CO1: Apply the concepts and understanding, in their day to day lives more consciously

CO2: Identify their areas of strengths and weaknesses, and work on them systematically

CO3: Make use of the knowledge to become well rounded individuals

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 | * |   | * |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   |   | * | * |   |

### **7MPC318: INTERNSHIP**

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To apply the theoretical understanding of concepts, theories and interventions (L3)

CO2: Students will be able to demonstrate skills in interacting with the client and establishing professional relationships with the client (L3)

CO3: Students will demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Students will acquire experiential learning and get sensitised toward the requirements of professional requirement.

CO5: Students will be professionally ready to deal effectively in the environment.

### **7MPC319: DISSERTATION**

Course Outcomes: On successful completion of the course, Students will be able,

CO1: Students will be able to synthesize the knowledge and skills previously gained in the training of research methodology and statistics.

CO2: Students will be able to identify key areas of research gaps to formulate the literature gaps and formulate the objectives of their research.

CO3: Students will demonstrate the skill of formulating a research design and suitable methodology for conducting empirical research

CO4: Students will be able to propose a suitable theoretical and conceptual framework for conducting the research.

CO5: Students will demonstrate the skills for writing a scientific research proposal within the ethical guidelines

## **FOURTH SEMESTER**

### **7MPC411: CORPORATE SOCIAL RESPONSIBILITY AND SUSTAINABILITY**

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To understand a variety of techniques designed to enhance happiness/subjective well-being. (L2)



CO2: To demonstrate an in-depth understanding of the range of positive psychology interventions to strengthen optimism, resilience and self-esteem. (L2)

CO3: To evaluate the difference between weaknesses and strengths and to emphasize on the strengths as an approach towards well-being. (L5)

CO4: To apply positive psychology techniques to enhance the wellbeing of individuals, groups, workplaces, communities and institutions. (L3)

CO5: To reflect and analyse on how a range of techniques in positive psychology affect experience, and contribute in the future to lasting happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

## 7MPC402: ADVANCED PSYCHOPATHOLOGY

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To understand how diagnosis facilitates treatment during in-patient, out-patient and crisis situations (L2)

CO2: To demonstrate skills of identifying symptoms, causes and treatment for psychological disorders such as eating, psychotic, and substance related disorders and sexual dysfunctions (L3) CO3: To analyse the complex factors that contribute to psychological and behavioural dysfunction. (L4)

CO4: To critically evaluate different conceptual approaches to etiology and treatment of psychopathology. (L5)

CO5: To compare different psychological disorders and be able to articulate the process of differential diagnosis (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |



|   |   |  |   |  |  |  |   |   |   |  |
|---|---|--|---|--|--|--|---|---|---|--|
| 1 | * |  |   |  |  |  | * |   |   |  |
| 2 | * |  | * |  |  |  | * | * |   |  |
| 3 | * |  | * |  |  |  |   | * | * |  |
| 4 | * |  |   |  |  |  | * |   |   |  |
| 5 | * |  | * |  |  |  | * | * |   |  |

### 7MPC403: PSYCHOTHERAPY II

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To explain different psychological theories and its application as psychotherapy in practice (L2)

CO2: To demonstrate the knowledge of adjunct therapies such as supportive, cross cultural, and third-generation therapies. (L3)

CO3: To critically examine different approaches to therapy. (L3)

CO4: To analyse mental health and behavioural concerns using feminist and existential therapies (L4)

CO5: To appraise additional current psychotherapy issues including training, ethics and individual case formulation (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7MPC404: FAMILY THERAPY

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To explain the fundamental concepts and techniques of family therapy (L2)

CO2: To discuss how family problem develop, are maintained, and are resolved within a family system (L2)

CO3: To demonstrate knowledge of effective strategies for family intervention (L3)

CO4: To analyse family functioning using systems assessment models and procedures along with genogram (L4)



CO5: To criticize and integrate research data to increase the effectiveness of couples and family counseling interventions.(L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

## 7MPC412: POSITIVE PSYCHOLOGY

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To understand a variety of techniques designed to enhance happiness/subjective well-being. (L2)

CO2: To demonstrate an in-depth understanding of the range of positive psychology interventions to strengthen optimism, resilience and self-esteem. (L2)

CO3: To evaluate the difference between weaknesses and strengths and to emphasize on the strengths as an approach towards well-being. (L5)

CO4: To apply positive psychology techniques to enhance the wellbeing of individuals, groups, workplaces, communities and institutions. (L3)

CO5: To reflect and analyse on how a range of techniques in positive psychology affect experience, and contribute in the future to lasting happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |





### 7MPC405: CLINICAL ASSESSMENTS AND INTERVENTIONS II (PRACTICAL)

Course Outcomes: On successful completion of the course, Students will be able,

CO1: Understand the clinical symptoms, causal factors and development of various psychological disorders.

CO2: Comprehend various assessment and classification techniques of psychopathology.

CO3: Understand the various preventive and treatment methods of psychopathology.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |

### 7MPC406: THERAPEUTIC INTERVENTIONS (PRACTICAL)

1. Understand different therapeutic approaches in psychotherapy.
2. Apply therapeutic approaches to alleviate the suffering and misery resulting from mental disturbances overcoming the challenges of the problems. Understand the various preventive and treatment methods of psychopathology.
3. The students will get an insight of the complex working of the human mind.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

### 7MPC407: BASIC COUNSELLING SKILLS (PRACTICAL)

Course Outcomes: On successful completion of the course, Students will be able,

CO1: To identify the range of interpersonal skills required in the counselling process. (L1)



CO2: To understand the application of counselling principles to diverse populations. (L2)

CO3: To demonstrate skills in establishing a healthy counsellor-client relationship. (L3)

CO4: To develop an appropriate course of action in addressing mental health concerns (L4)

CO5: To evaluate the need for therapy and intervention (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

#### PLSI401: FINISHING SCHOOL SKILLS

Course Outcomes: Students will be able to

CO1: Understand the importance of behaviour in the business world and adapt these to fit the corporate culture

CO2: Develop a formal dressing sense

CO3: Understand the importance of diction and brevity in Resume writing CO4: Apply the nuances involved in Group Discussions

CO5: Attend Personal Interviews with confidence

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

#### 7MPC417: DISSERTATION



**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: Students will be able to apply theoretical knowledge, research methodology and statistics in practice.

CO2: Students will be able to demonstrate statistical and research training in implementing an appropriate research procedure in their area of interest

CO3: Students will be able to score, analyse and interpret the data obtained.

CO4: Students will be able to acquire coherent and logical understanding and demonstrate competence in analyzing and discussing the results and report writing.

CO5: Students will be able analyse and synthesis research findings, its implication, limitations within the ethical guidelines of APA and publish the research

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   | *   | * |   |   |

## 7MPC418: INTERNSHIP

**Course Outcomes: On successful completion of the course, Students will be able,**

CO1: To apply the theoretical understanding of concepts, theories and interventions (L3)

CO2: Students will be able to demonstrate skills in interacting with the client and establishing professional relationships with the client (L3)

CO3: Students will demonstrate therapeutic and professional skills required in professional settings (L3)

CO4: Students will acquire experiential learning and get sensitised toward the requirements of professional requirement.

CO5: Students will be professionally ready to deal effectively in the environment.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |



|          |   |  |   |  |  |  |   |   |   |  |
|----------|---|--|---|--|--|--|---|---|---|--|
| <b>1</b> | * |  |   |  |  |  | * |   |   |  |
| <b>2</b> | * |  | * |  |  |  | * | * |   |  |
| <b>3</b> | * |  | * |  |  |  |   | * | * |  |
| <b>4</b> | * |  |   |  |  |  | * |   |   |  |
| <b>5</b> | * |  | * |  |  |  | * | * |   |  |

## **MSc Psychology(Clinical)**

**2020-2022**

**Programme Educational Objectives (PEOs)**



**PEO1:** To specialize in human behavioral understanding, assessments, and modifications.

**PEO2:** To acquire the requisite knowledge in the core domains of psychology, including biological foundations, personality, learning, cognition, and in specializations such as neuropsychology, forensic psychology, geriatric and pediatric psychology, psychopathology, positive psychology, psychological assessment, and therapy required to be a competent psychologist.

**PEO3:** To develop the ability to apply psychological principles, theories, and approaches to research and practice.

**PEO4:** To develop a strong foundation in the professional realm.

**PEO5:** To sustain and enhance ethical values, corporate social responsibility, and sustainability.

### **Programme Outcomes (POs)**

#### **PO1: Integration of Knowledge**

Students will demonstrate knowledge of psychological theories and approaches in areas of psychology.

#### **PO2: Specialized Knowledge**

Students will be able to assess and critically evaluate information, ideas, and assumptions from varied perspectives.

#### **PO3: Scientific Knowledge**

Students will understand the role of scientific research in the best and continuous improvement of practice.

#### **PO4: Higher Education and Research**

Students will be able to conduct research and analyze data by understanding, generating research questions, implementing appropriate research methods, and communicating research findings effectively.

#### **PO5: Application of Skills**

Students will utilize psychological principles to generate solutions to personal, social, organizational, and societal problems.

#### **PO6: Professional Readiness**

Students will be able to assess, diagnose, and treat a variety of problems for a broad range of clients.

### **Program Specific Outcomes (PSOs)**



**PSO1:** Students will demonstrate understanding in the core role of effective relationships with clients in conducting best practices.

**PSO2:** Students will be able to understand and conduct clinical case conceptualization with various therapeutic techniques.

**PSO3:** Students will be able to plan, conduct, and evaluate interventions within evidence-based practices.

**PSO4:** Students will be able to provide instruction, supervision, and consultation in psychological practice.

## First Semester

### 7MPC111: Personality Theories

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Understand the relevance of personality in defining human behavior. (L2)

**CO2:** Differentiate between major theoretical approaches to personality. (L2)

**CO3:** Assess and analyze the different dimensions of personality. (L4)

**CO4:** Evaluate suitable methods of personality assessment. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |

### 7MPC110: Behavioural Statistics I

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Understand the relevance of statistics in behavioral science research. (L2)

**CO2:** Demonstrate the ability to quantify data. (L3)

**CO3:** Analyze and interpret data effectively. (L3)



**CO4:** Present data using charts, graphs, and distributions. (L4)

**CO5:** Evaluate relationships between data sets. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC119: Biological Foundations of Psychology

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Define and identify the physiology of the human body. (L1)

**CO2:** Understand the basic biological functioning of human behavior. (L2)

**CO3:** Apply theoretical understanding to analyze brain dysfunctions. (L4)

**CO4:** Acquire understanding of the biological bases of human behavior. (L2)

**CO5:** Assess and differentiate between normal and deviant biological functioning. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC121: Cognitive Psychology



**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Distinguish and understand theories of cognitive domains such as perception, attention, memory, language, reasoning, problem-solving, and decision-making. (L2)

**CO2:** Apply theories and research findings of cognitive psychology to personal, social, and professional contexts. (L3)

**CO3:** Critically analyze human behavior using cognitive theories and principles. (L4)

**CO4:** Differentiate and analyze the influence of higher-order processes in human behavior. (L4)

**CO5:** Evaluate major theories in cognitive psychology and relate emerging trends to these theories. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC115: Theories of Learning

**Course Code:** 7MPC115

**Course Name:** Theories of Learning

**Course Outcomes:**

Upon successful completion of the course, students will be able to:

**CO1:** Demonstrate knowledge of different theoretical concepts of human learning. (L3)

**CO2:** Define and understand different perspectives of human learning. (L2)

**CO3:** Analyze learning in personal, professional, and social contexts based on principles of learning. (L4)

**CO4:** Apply theoretical expertise in various settings. (L3)

**CO5:** Evaluate the impact of learning theories on different aspects of human life. (L5)

| CO-PO-PSO Mapping |
|-------------------|
|-------------------|





| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   |   |   |   |   | *   |   |   |   |
| 2  | *  |   | * |   |   |   | *   | * |   |   |
| 3  | *  |   | * |   |   |   |     | * | * |   |
| 4  | *  |   |   |   |   |   | *   |   |   |   |
| 5  | *  |   | * |   |   |   |     |   |   |   |

## 7MPC116: Psychological Assessments and Interventions (Practical)

**Course Code:** 7MPC116

**Course Name:** Psychological Assessments and Interventions (Practical)

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Define the methods and procedures of assessing human behavior. (L1)

**CO2:** Demonstrate skills in assessing cognitive and affective aspects of human behavior. (L3)

**CO3:** Analyze and interpret different aspects of human behavior. (L4)

**CO4:** Evaluate assessment results and develop appropriate interventions. (L5)

**CO5:** Summarize reports based on assessments by integrating psychological concepts. (L6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |



## 7MPC117: Personality Assessments (Practical)

**Course Code:** 7MPC117

**Course Name:** Personality Assessments (Practical)

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Define the concepts and procedures used in personality assessment. (L1)

**CO2:** Understand the application of personality assessments in various fields. (L2)

**CO3:** Demonstrate skills in assessing various dimensions of personality. (L3)

**CO4:** Analyze and interpret results from personality assessments. (L5)

**CO5:** Summarize reports based on personality assessments. (L6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## PLSI101: Functional English

**Course Code:** PLSI101

**Course Name:** Functional English

**Course Outcomes:** Upon successful completion of the course, students will be able to:

**CO1:** Develop skills to use the English language effectively in writing and speaking. (L3)

**CO2:** Identify areas of weakness and understand ways to improve them. (L2)

**CO3:** Apply knowledge of English in diverse situations, such as debates or interviews. (L3)

**CO4:** Build a repertoire of skills in the language, gaining confidence among peers and superiors. (L4)



**CO5:** Use English effectively within culturally appropriate conventions for academic writing and public speaking. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC118: Supervised Internship

### Course Outcomes (COs):

**CO1:** Apply theoretical knowledge of concepts, theories, and interventions. (L3)

**CO2:** Demonstrate skills in client interaction and establish professional relationships. (L3)

**CO3:** Exhibit therapeutic and professional skills required in workplace settings. (L3)

**CO4:** Acquire experiential learning and develop sensitivity toward professional requirements. (L4)

**CO5:** Be professionally prepared to handle various environmental challenges effectively. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## Second semester



## 7MPC201: Research Methodology

**CO1:** Define and distinguish among the principles, techniques, and methods involved in research. (L2)

**CO2:** Apply knowledge of research design and sampling techniques in conducting research. (L3)

**CO3:** Critically analyze research methodologies identified in existing literature. (L4)

**CO4:** Apply scientific principles of research methodology for various research projects. (L3)

**CO5:** Evaluate research questions, hypotheses, data, and findings. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC211: Behavioural Statistics-II

**CO1:** Understand and distinguish the different methods of inferential statistics. (L2)

**CO2:** Analyze data distribution and significance using appropriate statistical methods. (L4)

**CO3:** Apply knowledge of hypothesis testing and levels of significance using statistical methods. (L3)

**CO4:** Critically analyze the application of statistical methods based on data distribution and sampling. (L4)

**CO5:** Evaluate the underlying assumptions of statistical methods for data analysis. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |



|   |   |  |   |  |  |  |   |  |  |  |
|---|---|--|---|--|--|--|---|--|--|--|
| 4 | * |  |   |  |  |  | * |  |  |  |
| 5 | * |  | * |  |  |  |   |  |  |  |

## 7MPC213: Child Psychopathology and Interventions

**CO1:** Identify and describe the etiology, assessment, diagnosis, and treatment of psychological and developmental disorders in children. (L1)

**CO2:** Understand and distinguish concepts of normality and pathology in child development. (L2)

**CO3:** Demonstrate skills in formulating and applying interventions. (L3)

**CO4:** Critically analyze and choose appropriate assessments and interventions for developmental concerns. (L4)

**CO5:** Interpret and diagnose disorders to apply treatment and interventions. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC210: Psychological Testing

**CO1:** Define principles of quantifying human behavior. (L1)

**CO2:** Discuss and distinguish various methods of testing reliability and validity. (L2)

**CO3:** Demonstrate psychometric principles to construct a psychological test. (L3)

**CO4:** Analyze challenges in testing, measurement issues, and biases in constructing tests. (L4)

**CO5:** Evaluate the strengths and weaknesses of psychological tests using applied metrics. (L5)

**CO6:** Create new psychological measurements suited to specific theories and hypotheses. (L6)

| CO-PO-PSO Mapping |
|-------------------|
|-------------------|



| CO | PO |   |   |   |   |   | PSO |   |   |   |
|----|----|---|---|---|---|---|-----|---|---|---|
|    | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1  | *  |   |   |   |   |   | *   |   |   |   |
| 2  | *  |   | * |   |   |   | *   | * |   |   |
| 3  | *  |   | * |   |   |   |     | * | * |   |
| 4  | *  |   |   |   |   |   | *   |   |   |   |
| 5  | *  |   | * |   |   |   |     |   |   |   |
| 6  |    |   |   |   |   | * |     |   |   |   |

## 7MPC215: Neuropsychology

**CO1:** Identify and describe structural and functional subsystems of the brain and related behavior. (L1)

**CO2:** Discuss and explain the relationship between higher central nervous functions and behavior. (L2)

**CO3:** Demonstrate the ability to assess neuropsychological conditions, considering biological, environmental, and ethical aspects. (L3)

**CO4:** Analyze neuropsychological conditions using principles of neuropsychology. (L4)

**CO5:** Assess the need for interventions and apply appropriate rehabilitation methods. (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC216: Forensic Psychology

### Course Outcomes (CO):

1. Describe the contribution of psychology at different levels of the criminal justice system (L1)



2. Understand the relationship between human psychology, crime, and the justice system (L2)
3. Demonstrate an understanding of theories, research findings, and methods used in forensic psychology (L3)
4. Differentiate the various perspectives of understanding criminal behavior (L4)
5. Critically evaluate the interpretation of research and applications of forensic psychology in media, society, and practice (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC217: Child Assessments and Interventions (Practical)

### Course Outcomes (CO):

1. Define the concepts and assessment procedures in psychopathology assessment for children and adolescents (L1)
2. Understand the application of psychopathological assessment for mental health and behavioral problems in children and adolescents (L2)
3. Demonstrate skills in assessing various forms of psychopathology in children and adolescents (L3)
4. Analyze and interpret the results of assessments for diagnosis and treatment plan (L5)
5. Summarize reports based on the assessment (L6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |



|   |   |  |   |  |  |  |   |   |   |  |
|---|---|--|---|--|--|--|---|---|---|--|
| 2 | * |  | * |  |  |  | * | * |   |  |
| 3 | * |  | * |  |  |  |   | * | * |  |
| 4 | * |  |   |  |  |  | * |   |   |  |
| 5 | * |  | * |  |  |  |   |   |   |  |

## PLSI201: Aptitude Skills

### Course Outcomes (CO):

1. Apply number theory methods for quick calculation and manipulation of numbers
2. Solve problems of various arrangements (Circular and Linear)
3. Apply the concepts of ratio, proportions, percentages, and averages to calculate class/set relationships
4. Utilize the concept of work-time-efficiency and distance-time-speed to solve problems
5. Illustrate conceptual knowledge of blood relationships
6. Identify and make use of English grammar to understand problems related to verbal ability

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |
| 6                 | *  |   |   |   |   |   |     |   |   |   |

## 7MPC218: Supervised Internship

### Course Outcomes (CO):

1. Apply theoretical understanding of concepts, theories, and interventions (L3)





2. Demonstrate skills in interacting with the client and establishing professional relationships (L3)
3. Demonstrate therapeutic and professional skills required in professional settings (L3)
4. Acquire experiential learning and become sensitized to professional requirements
5. Be professionally ready to deal effectively in the work environment

| <b>CO-PO-PSO Mapping</b> |           |          |          |          |          |          |            |          |          |          |
|--------------------------|-----------|----------|----------|----------|----------|----------|------------|----------|----------|----------|
| <b>CO</b>                | <b>PO</b> |          |          |          |          |          | <b>PSO</b> |          |          |          |
|                          | <b>1</b>  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>6</b> | <b>1</b>   | <b>2</b> | <b>3</b> | <b>4</b> |
| <b>1</b>                 | *         |          |          |          |          |          | *          |          |          |          |
| <b>2</b>                 | *         |          | *        |          |          |          | *          | *        |          |          |
| <b>3</b>                 | *         |          | *        |          |          |          |            | *        | *        |          |
| <b>4</b>                 | *         |          |          |          |          |          | *          |          |          |          |
| <b>5</b>                 | *         |          | *        |          |          |          |            |          |          |          |

## Third Semester

### 7MPC321: Indian and Transpersonal Psychology

#### Course Outcomes (CO):

1. To understand the theoretical foundations of transpersonal psychology (L2)
2. To demonstrate post-conventional thinking from a new paradigm (L3)
3. To apply the principles of indigenous perspectives to understand human behavior, life, and beyond (L4)
4. To differentiate the theories and concepts of transpersonal psychology beyond individual and conventional levels (L5)
5. To interpret human life and beyond based on the concepts of transpersonal psychology theories in therapy, counseling, and research (L5)

### 7MPC302: Psychotherapy I

#### Course Outcomes (CO):

1. To explain different psychological theories and their application as psychotherapy in practice (L2)
2. To demonstrate the knowledge of psychodynamic, analytical, individual, and humanistic therapies (L3)



3. To critically examine different approaches to therapy (L3)
4. To analyze mental health and behavioral concerns using feminist and existential therapies (L4)
5. To determine and apply appropriate therapeutic techniques for mental health and behavioral concerns (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC315: Psychopathology

### Course Outcomes (CO):

1. To discuss the signs and symptoms of mental illness and other forms of psychological and behavioral dysfunction (L2)
2. To understand the DSM-5 and ICD-10 nosological systems for the classification and diagnosis of psychological disorders (L2)
3. To demonstrate skills in identifying symptoms, causes, and treatment for psychological disorders such as organic, mood, neurotic, stress, somatoform, and personality disorders (L3)
4. To analyze the complex factors that contribute to psychological and behavioral dysfunction (L4)
5. To critically evaluate different conceptual approaches to the etiology and treatment of psychopathology (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |



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|---|---|--|---|--|--|--|---|---|---|--|
| 3 | * |  | * |  |  |  |   | * | * |  |
| 4 | * |  |   |  |  |  | * |   |   |  |
| 5 | * |  | * |  |  |  |   |   |   |  |

## 7MPC317: Clinical Assessments and Intervention (Practical)

### Course Outcomes (CO):

1. To define the concepts and assessment procedures in psychopathology assessment for adults (L1)
2. To understand the application of psychopathological assessment for various mental health and behavioral problems in adults (L2)
3. To demonstrate skills in assessing various forms of psychopathology in adults (L3)
4. To analyze and interpret the results of assessments for diagnosis and treatment plan (L5)
5. To summarize reports based on the assessment (L6)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC322: Basic Counselling Skills

### Course Outcomes (CO):

1. To discuss the principles and elements of effective interviewing in counselling (L2)
2. To develop appropriate counselling goals and design intervention strategies for an effective counselling process (L4)



3. To demonstrate effective therapeutic relationships and professional boundaries (L3)
4. To apply ethical and legal principles in the counselling process and the relationship (L4)
5. To evaluate client outcomes and have a successful termination of counsellor-client relationships (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC316: Basic Counselling Skills (Practical)

### Course Outcomes (CO):

1. To identify the range of interpersonal skills required in the counselling process (L1)
2. To understand the application of counselling principles to diverse populations (L2)
3. To demonstrate skills in establishing a healthy counsellor-client relationship (L3)
4. To develop an appropriate course of action in addressing mental health concerns (L4)
5. To evaluate the need for therapy and intervention (L5)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |



## PLSI301: Soft Skills

### Course Outcomes (CO):

1. To apply the concepts and understanding in their day-to-day lives more consciously
2. To identify their areas of strengths and weaknesses, and work on them systematically
3. To make use of the knowledge to become well-rounded individuals

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |

## 7MPC318: Internship

### Course Outcomes (CO):

1. To apply the theoretical understanding of concepts, theories, and interventions (L3)
2. To demonstrate skills in interacting with the client and establishing professional relationships with the client (L3)
3. To demonstrate therapeutic and professional skills required in professional settings (L3)
4. To acquire experiential learning and get sensitized toward the requirements of professional settings
5. To be professionally ready to deal effectively in the environment

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |



|   |   |  |   |  |  |  |   |   |   |  |
|---|---|--|---|--|--|--|---|---|---|--|
| 2 | * |  | * |  |  |  | * | * |   |  |
| 3 | * |  | * |  |  |  |   | * | * |  |
| 4 | * |  |   |  |  |  | * |   |   |  |
| 5 | * |  | * |  |  |  |   |   |   |  |

## 7MPC319: Dissertation

### Course Outcomes (CO):

1. To synthesize the knowledge and skills previously gained in the training of research methodology and statistics
2. To identify key areas of research gaps to formulate the literature gaps and formulate the objectives of their research
3. To demonstrate the skill of formulating a research design and suitable methodology for conducting empirical research
4. To propose a suitable theoretical and conceptual framework for conducting the research
5. To demonstrate the skills for writing a scientific research proposal within the ethical guidelines

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

### Fourth Semester

## 7MPC411: Corporate Social Responsibility and Sustainability

### Course Outcomes:

CO1: To understand a variety of techniques designed to enhance happiness/subjective well-being. (L2)

CO2: To demonstrate an in-depth understanding of the range of positive psychology interventions to



strengthen optimism, resilience, and self-esteem. (L2)

CO3: To evaluate the difference between weaknesses and strengths and emphasize strengths as an approach toward well-being. (L5)

CO4: To apply positive psychology techniques to enhance the well-being of individuals, groups, workplaces, communities, and institutions. (L3)

CO5: To reflect and analyze how a range of techniques in positive psychology affect experience and contribute to lasting happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC402: Advanced Psychopathology

### Course Outcomes:

CO1: To understand how diagnosis facilitates treatment during in-patient, out-patient, and crisis situations. (L2)

CO2: To demonstrate skills in identifying symptoms, causes, and treatment for psychological disorders such as eating, psychotic, substance-related disorders, and sexual dysfunctions. (L3)

CO3: To analyze the complex factors that contribute to psychological and behavioral dysfunction. (L4)

CO4: To critically evaluate different conceptual approaches to the etiology and treatment of psychopathology. (L5)

CO5: To compare different psychological disorders and articulate the process of differential diagnosis. (L5)

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 | * |   | * |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   |   | * | * |   |
| 4 | * |   |   |   |   |   | * |   |   |   |
| 5 | * |   | * |   |   |   |   |   |   |   |

## 7MPC413: Psychotherapy II

### Course Outcomes:

CO1: To explain different psychological theories and their applications as psychotherapy in practice. (L2)

CO2: To demonstrate knowledge of adjunct therapies such as supportive, cross-cultural, and third-generation therapies. (L3)

CO3: To critically examine different approaches to therapy. (L3)

CO4: To analyze mental health and behavioral concerns using feminist and existential therapies. (L4)

CO5: To appraise additional current psychotherapy issues, including training, ethics, and individual case formulation. (L5)

| CO-PO-PSO<br>Mapping |    |   |   |   |   |   |     |   |   |   |
|----------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                   | PO |   |   |   |   |   | PSO |   |   |   |
|                      | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                    | *  |   |   |   |   |   | *   |   |   |   |
| 2                    | *  |   | * |   |   |   | *   | * |   |   |
| 3                    | *  |   | * |   |   |   |     | * | * |   |
| 4                    | *  |   |   |   |   |   | *   |   |   |   |
| 5                    | *  |   | * |   |   |   |     |   |   |   |

## 7MPC412: Positive Psychology





**Course Outcomes:**

CO1: To understand a variety of techniques designed to enhance happiness/subjective well-being. (L2)

CO2: To demonstrate an in-depth understanding of positive psychology interventions to strengthen optimism, resilience, and self-esteem. (L2)

CO3: To evaluate the difference between weaknesses and strengths and emphasize strengths as an approach toward well-being. (L5)

CO4: To apply positive psychology techniques to enhance the well-being of individuals, groups, workplaces, communities, and institutions. (L3)

CO5: To reflect and analyze how a range of techniques in positive psychology affects experience and contribute to lasting happiness. (L4)

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

**7MPC406: Therapeutic Interventions (Practical)****Course Outcomes:**

CO1: To understand the application aspects of theoretical concepts of psychotherapy. (L2)

CO2: To demonstrate procedures and processes in conducting therapy and intervention. (L3)

CO3: To design appropriate therapeutic models using techniques in different perspectives of psychotherapy. (L4)

CO4: To appraise the growing conceptual framework for treatment to adapt and serve as a flexible and responsive treatment approach. (L5)

| CO-PO-PSO Mapping |    |     |
|-------------------|----|-----|
| CO                | PO | PSO |



|   | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | * |   |   |   |   |   | * |   |   |   |
| 2 | * |   | * |   |   |   | * | * |   |   |
| 3 | * |   | * |   |   |   |   | * | * |   |
| 4 | * |   |   |   |   |   | * |   |   |   |

### PLSI401: Finishing School Skills

#### Course Outcomes:

CO1: Understand the importance of behavior in the business world and adapt these to fit the corporate culture.

CO2: Develop a formal dressing sense.

CO3: Understand the importance of diction and brevity in Resume writing.

CO4: Apply the nuances involved in Group Discussions.

CO5: Attend Personal Interviews with confidence.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

### 7MPC417: Dissertation

#### Course Outcomes:

CO1: Apply theoretical knowledge, research methodology, and statistics in practice.

CO2: Demonstrate statistical and research training in implementing an appropriate research procedure.



CO3: Score, analyze, and interpret data.

CO4: Demonstrate competence in analyzing and discussing results and report writing.

CO5: Synthesize research findings within ethical APA guidelines and publish the research.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |
| 5                 | *  |   | * |   |   |   |     |   |   |   |

## 7MPC418: Internship

### Course Outcomes:

CO1: Apply the theoretical understanding of concepts, theories, and interventions.

CO2: Demonstrate skills in interacting with and establishing professional relationships with clients.

CO3: Exhibit therapeutic and professional skills in settings.

CO4: Gain experiential learning and become sensitized to professional requirements.

CO5: Develop professional readiness to handle workplace environments effectively.

| CO-PO-PSO Mapping |    |   |   |   |   |   |     |   |   |   |
|-------------------|----|---|---|---|---|---|-----|---|---|---|
| CO                | PO |   |   |   |   |   | PSO |   |   |   |
|                   | 1  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 |
| 1                 | *  |   |   |   |   |   | *   |   |   |   |
| 2                 | *  |   | * |   |   |   | *   | * |   |   |
| 3                 | *  |   | * |   |   |   |     | * | * |   |
| 4                 | *  |   |   |   |   |   | *   |   |   |   |

